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## Upcoming Event

APRIL 23, 2022

**21st**  
Annual Dinner &  
Silent Auction

C.R.A. # 899091128RR0001 Alberta Charity Organization #3101541 In Accordance with regulations imposed by the Province of Alberta, we are required to inform you of the following: Estimated proceeds - \$5,000.00, Estimated costs - \$2,080.00, Government taxes, fees & other levies - \$520.00 Total estimated costs \$2,600.00, Estimated net proceeds - \$2,400.00

C.R.A.# 899091128RR0001 | Alberta Charitable #3101541



# Carter's Corner

**Sent: August 11, 2021**

From: Lydia Emanuel

Subject: Hi from Carter

Hi Marjorie. All is well here—thanks for asking. I went through my email to try to find what I sent you a while back, but it looks like I deleted the emails with the photos, so I have to improvise.

I looked at the Carter photos from July which is probably when I sent them, I had taken two of him cooling under the dining room table when we had one of the July heatwaves,

and then another one when both cats were outside enjoying the summer in the safety of their little houses. Note how the big boy is in the small one and the small boy is in the big one. It's usually Carter who's in the green tent which is the one we bought for him, but I guess that day he wanted more room and two-way air conditioning.

Hope this is what you got before.

Cheers,  
Lydia



## CAT WISH LIST

We are always in need of

### CLEANING SUPPLIES

- Pinesol
- paper towels
- garbage bags
- bleach
- Tide detergent (no lemon scent)

### CAT FOOD

- Baby food (pref. chicken with broth)
- Friskies canned cat food
- IAMS Dry cat food
- Temptations treats

### CAT SUPPLIES

- Cat litter (clay or tidy cats light weight)
- Training pads
- Swiffer pads

### CAT ENJOYMENT

- Kitty toys
- Scratching posts
- Turbo scratchers
- Cat beds
- Kitty condos

GIFT CARDS for G & E Pharmacy, Canadian Tire, Walmart & Superstore help us buy much needed pet and cleaning supplies.





# Welcome to the Fall Newsletter!

Hi Everyone,

As the leaves start to turn and slip into their multi-hued autumn coats, we look back at a summer known more for its oppressive heat than for anything else. It certainly presented a challenge to devoted gardeners like myself since the soaking rains we needed were few and far between. How, then, did YOUR gardens grow?

To keep our kitties safe here at the Foundation, the blinds remained closed around the clock, windows were opened and fans were left running. While it was much cooler downstairs, the kitties preferred to remain upstairs with me, and thankfully for all of us, most of the nights were more comfortable. They did, however, drop their coats, which tasked me with grooming them -- shaving here and snipping there to remove oh-so-many mats!

Feline fanfare, paw-lease! It's official! Our 21st annual Dinner and Silent Auction will

be held on April 23, 2022 at the Italian Cultural Centre, 14230 133 Avenue in Edmonton. The doors open at 5:30 PM, dinner will be served at 7:30 PM, and there will be door prizes and a 50/50 draw. What a joy it will be to see all of you in person after so much time apart. Will we recognize one another? I certainly hope so.

With life gradually returning to normal, our vet returned to examine the cats and vaccinate them. What a welcome change from speaking to her on the phone or dropping off any cat with a problem at the clinic.

As I wish you a Happy Thanksgiving – celebrated, hopefully, with family and friends – I also invite you to indulge in a mug of mulled apple cider, settle back in a warm, cozy chair and enjoy our newsletter's many fascinating fall features.

And remember that I'm "all ears" when it comes to any kitty questions or purr-blems you might have.

*Marjorie Hervey*



# Adopting Cats with Feline Leukemia

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**Article by Nomi Berger**

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A cat diagnosed with Feline Leukemia (FeLV) is still an ADOPTABLE cat.

What, then, is FeLV?

FeLV is a virus that weakens a cat's immune system, predisposing it to certain infections, severe anemia, and potentially leading to cancer. Most at risk are kittens born to FeLV positive mothers, cats under the age of one, cats living with an infected cat, and cats bitten by an infected cat if they're allowed outside.

Although it is NOT transmittable to humans, dogs or other non-feline pets, before adopting a FeLV positive cat, ensure that you and your vet are "on the same page". Whereas some vets warn against it, others are fully sympathetic and supportive of the idea. And these vets will be your best allies.

Of utmost importance, when adopting a FeLV positive cat, is to always keep that cat indoors -- whether as your only cat or with other FeLV positive cats. Immediate spaying will prevent a female from giving birth to infected kittens. Some cats can even fight off the virus and become immune to it. Others can be healthy carriers that never get sick themselves but can still infect others.

While the disease CAN be managed, even going into remission, flare-ups are always a possibility. Most FeLV positive cats are likely to live a shorter life than other cats, and 85% of persistently infected felines will die within three years of diagnosis.

However, regular vet check-ups and good preventive health care can keep your cat feeling well for some time and protect it from secondary infections. Twice-yearly physical exams, lab tests and parasite control can both prevent complications and identify problems quickly. While there may be no cure for the virus itself, secondary infections can be treated promptly if and when they occur.

To help your FeLV positive cat live as healthily and normally as possible:

Feed your cat a balanced diet (no raw meat, eggs or non-pasteurized dairy products that can harbor bacteria and parasites and lead to infection), using only the highest quality food to provide your cat with all required and essential nutrients. Some vets also recommend adding daily doses of vitamins and antioxidants.

Remove all uneaten wet food within a half-hour to prevent the potential growth of harmful bacteria.

Ensure that your cat has easy access to a continuous supply of FRESH water.

Keep your cat's purr-sonal "belongings" scrupulously clean,

including food and water bowls, litter boxes and cat beds, blankets, towels and toys.

Because your cat may require more warmth than other cats, ensure that a comfy cozy place, equipped with a cat bed and blankets, is always nearby.

Maintain as stress free an environment as you can. Be alert to whatever frightens or agitates your cat, and if possible, eliminate it. Ask your family members and any visitors to speak in low voices when inside your home.

Check regularly for parasites, including fleas, ticks, ear mites and worms. Treat the offender promptly, but if there's more than one



culprit, treat each separately to avoid overtaxing your cat's already delicate system.

Ask your vet for a list of physical and emotional changes vis-a-vis progression of the disease, and contact him/her immediately if you notice any of these changes in your cat.

And so, despite the fact that a FeLV positive cat may not use up all of its fabled nine lives, living a loved, pampered and protected one may be just what the vet ordered.

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Nomi is the best-selling author of seven novels, one work of non-fiction, two volumes of poetry, and hundreds of articles. She lives in Toronto, Ontario, Canada with her adopted Maltese, Mini, and volunteers her writing skills to animal rescue groups in Canada and the USA.



# Blood Pressure in Cats

by Nomi Berger

For people, having our blood pressure checked is always a routine part of an annual physical exam.

But have you ever had your cat's blood pressure checked?

Do you know what high blood pressure in cats means? Do you know what low blood pressure means? Do you know what to do in either situation?

Just as many people suffer from so-called "white coat syndrome", causing an elevation in their blood pressure at their physician's office, the same holds true for cats having their blood pressure taken at the vet's. Purr-haps even more so. While a cat's usual, normal systolic pressure is about 120 to 130, most seasoned vets barely react if their "stressed out" kitty patient's blood pressure is 150 to 160 during a check-up. If, on the other paw, it's lower than 120 -- which is rare -- or higher than 160, this could be a signal that something else is wrong.

What, then, does high blood pressure in cats mean? Common in cats, particularly as they age, it's usually a sign of an underlying disease or condition -- one of the main ones being kidney failure. With kidney failure comes hypertension. If your cat is drinking more water than usual or urinating more often than usual, she may have kidney failure and, thus, possibly hypertension. Felines suffering from kidney failure and hypertension may also lose their eyesight. If your senior kitty is already blind, however, your vet should test her for retinal detachment since it's most often caused by high blood pressure.

What, then, does low blood pressure mean? Not nearly as common as high blood pressure, kitties may have low blood pressure if they've suffered some sort of trauma, leaving them injured and losing blood.

If your kitty's blood pressure is too high, your vet will, in all likelihood, have blood tests taken to see what, if anything, they reveal. They may indicate, for example, an elevation in her kidney enzymes. And should she have either kidney or heart disease, your vet will not only begin treating her for it but prescribe amlodipine (this is a calcium channel blocker used "off label" to treat her blood pressure and prevent damage to her kidneys, eyes and brain).

Some vets believe, though, that it's better to check your cat's blood pressure at home rather than at their office because it's less stressful for her. To do this, simply purchase a blood pressure monitor with an inflatable cuff and put it around your kitty's forelimb or tail. Purr-fectly pain-free, it's very well tolerated by most cats.

Uncertain or squeamish? Even without a monitor, be on the lookout for symptoms of both high and low blood pressure in your cat. These include behavioral changes, such as uncharacteristic growling or hissing, increased thirst and urination, lethargy, weakness and vision problems. And if you're at all concerned about her blood pressure, bring her to your vet for a thorough examination.

## Is Kitty Allergic to YOU?

by Nomi Berger

Have you ever observed that your kitty's allergy symptoms seem to worsen the more time you spend together? Have you ever considered the possibility that she may be allergic to you?

While extremely rare, scientists say that cats can indeed be allergic to people, but that our frequent bathing and showering assists in reducing our own dander and allergens. It's far more likely, then, that your cat's not allergic to YOU but to the products you either use on your skin or to clean your home.

Among the telltale signs of her sensitivity to these products are: itchiness and reddened skin, fur loss and open sores, rodent ulcers and swollen or inflamed lips. She may also develop chronic sneezing.

Consider the following culprits that may cause an irritation of your cat's respiratory system: perfumes, body sprays with high-scent fragrances and heavily perfumed body washes; scented laundry detergents and fabric

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**Did you know you can now go online to our modernized website, scroll down to the bottom of any page and sign up for our digital newsletter!**

# Dental Disease is More Than Bad Breath

By Gayle McDonald

Housecalls for Housecats

780.938.2278 info@housecalls4housecats.com

## **Cats are very good at hiding when they have pain including mouth pain.**

Cats have to eat every day to live so it often takes a lot of pain to make them stop eating.

Symptoms of dental / oral disease include pawing at the mouth, dropping food while eating,, excessive drooling, bad breath, and avoiding dry food in favor of wet food.

If your cat is doing any of these things they need a veterinarian to examine the mouth. A veterinarian might be able to see if there is tartar, gingivitis, growths/ tumors, or evidence of resorptive lesions.

All cats will develop some tartar. Periodontal disease is when plaque, tartar and bacteria damage the tissues around the tooth and the bone recedes and the tooth becomes loose.

How much tartar develops depends on the cat saliva. The more antibacterial the saliva is, the less tartar that will form. Eventually, bacteria and tartar cause gingivitis. Gingivitis often causes pain.



A dental cleaning under anesthesia will remove all of the tartar. Dental xrays are done to look for tooth resorption and periodontal disease. IF extractions are needed local anesthesia should be used. Pain relief like Buprenorphine and Metcam can be used after surgery.

Once the teeth are clean, brushing daily with enzymatic pet toothpaste can slow the reformation and progression of tartar and gingivitis.



Resorptive lesions are due to a disease process that causes the roots of the teeth to be resorbed into the bone around the tooth. It also damages / eats away at the enamel causing painful lesions at the gum line. This often leads to broken teeth. The cause of this disease process is not known. There are theories (diet, viruses, etc) but nothing is proven.

The only treatment for resorptive lesions is to remove the tooth above the gumline and any intact roots below the gumline.

Gingivitis can happen without tartar. Immune mediated gingivitis / glossitis usually develops in young cats (under 2 years of age). The gums become Very inflamed and painful due to the immune system attacking them.

Medication (like Prednisolone) can reduce the inflammation and pain for a while but it does not cure the condition. The best treatment for this condition is to remove all teeth in the areas of inflammation. This is usually all of the molars and premolars. Sometimes all of the teeth need to be removed. Removing so many teeth may seem drastic to some people but it truly is the best way to reduce constant pain.

Some cats still need medication after the teeth are extracted. They usually need a lot less medication than before the extractions.

Dental diets and treats can help prevent dental disease in some cats IF they are VOHC (Veterinary Oral Health Council) approved treats or diets. They don't help if the cat swallows them whole or doesn't chew them enough. They cannot do anything for resorptive lesions or immune mediated gingivitis.

If you have concerns about your cat's mouth please have a veterinarian examine your cat.

# Hair Loss in Cats

by Nomi Berger

Hair loss in cats, otherwise known as alopecia, can be either partial or complete, according to animal dermatologists. And although it occurs for a variety of reasons, the most common one is skin allergies.

Cats may, in the course of their lives, get acquired alopecia, a symptom of a disease, not a disease itself, and veterinarians are the ones tasked with diagnosing its source. Happily, most affected cats' hair does grow back, given time and the appropriate treatment.

Consider, then, the six most common conditions behind cat alopecia.

1. Allergies: Some cats are hypersensitive to the antigens in flea saliva, and if they're bitten by a flea, they'll become so desperately itchy that they'll begin over grooming as a way of dealing with the itchiness. It isn't as if their hair is simply falling out, these kitties are actually licking it so much that they're not only pulling it out, they're pulling it out far faster than it can be replaced.

Mange, scabies and lice can also make a cat's skin itch, leading to that same vicious cycle of over grooming and hair loss. Other culprits include mites, food allergies and environmental allergies – all of which can cause that same unbearable itching, over grooming and hair loss.

Occasionally, cats will engage in compulsive over grooming because they're suffering from neuropathic pain due to nerve damage in their skin. In rare cases, they may even over groom and lose hair for psychological rather than physical reasons, such as severe anxiety following a particularly stressful event.

2. Pain: Sometimes a cat will obsessively lick an area of her body not because it itches but because the tissue beneath her skin hurts. A cat suffering from arthritis, for example, may constantly lick at a specific, aching joint because it's painful and licking helps relieve some of the discomfort. The downside of this: she's also licking away her hair.

3. Infections: Less common than allergies, cats with various staph infections or fungal infections such as ringworm may lose a great deal of hair in those affected areas.

4. Endocrine disorders: If a cat's losing hair, she may be suffering from hyperthyroidism (an overactive thyroid condition, it causes weight loss as well as many other symptoms). She may have a hormonal imbalance and an increased level of steroids in her body, causing hair follicles to die and preventing new hair from growing back. Cushing's disease is one example of a metabolic disorder that produces too much cortisol (the body's main stress hormone), potentially causing her alopecia.

5. Side effects from medication: Among the various medications prescribed for a number of conditions, transdermal prednisone, for example, which is often used to

treat Addison's disease, causes both hair loss and the curling of a cat's outer ear. Once the medication is stopped, these unwanted side effects should also stop.

6. Cancer: Thankfully, cancer is rarely the reason for a cat losing hair. But neoplasia (these are abnormal growths caused by the uncontrolled division of cells) may cause it. Another serious condition is paraneoplastic alopecia, which is hair loss associated with moist skin and extreme itchiness.

Concerned about YOUR kitty's hair loss? Simply bring her to the vet for a thorough examination.

## Is Kitty Allergic to YOU?

... from Page 5

softeners; air freshener plug-ins, scented waxes, essential oils and incense, and the smoke and nicotine from cigarettes.

To minimize many of these potential irritants, invest in a vacuum with a HEPA filter that traps allergens such as dust mites, pollen, mould, tobacco particles, your dander and skin cells rather than sending them back into the air. Eliminate, wherever possible, everything that's heavily perfumed or even moderately scented -- from your personal products to your laundry products. And to keep your air not only fresh but clean, use several small activated charcoal pillows instead of scented plug-ins.

If, however, you suspect that your cat IS allergic to you, discuss it with your vet who will, in all likelihood, refer you to a dermatologist. Just as with people, the dermatologist will run a series of tests on your cat by pricking her skin with a small amount of various suspected allergens to see how she responds. And should she be one of those very rare kitties who react to your dander or hair, it doesn't mean that you have to give her up.

Again, as with people, there are several forms of treatment available, depending on her symptoms and the severity of those symptoms. And although there's no cure for allergies at the moment, allergy injections, antihistamines or even cortisone can be used to both provide her with the relief she needs and the reassurance you need to live happily ever after.



# The Adventures of Gary



## Hi Everyone, Gary here.

No sooner had I recovered from my dental procedure this summer than I was out and about on my usual rounds, perusing and patrolling the property. As everyone knows, I usually lounge in my bed on the deck throughout the day, and although it faces north, there were so many unbearably hot days that I chose to stretch out in the cool grass instead.

Mommy was constantly watering all of her potted plants and flowers to keep them alive, and I must admit they were and still are beautiful! As Mommy mentioned, the vet paid us a visit and, along with the other kitties, I was vaccinated and won't have to face that again for another year.

Due to the heat, I saw very few of my regular friends. They were obviously staying in cooler places too, and then, of course, there's my nightly curfew that cuts any socializing short. The heat didn't bother the bothersome wasps, though, and we had to have three large nests removed. And while no kitties were stung, poor Mommy was. After swelling up badly, she was soon all right again. Phew!

Happily, I'm back to greeting the people coming by again, and as much as I love saying "hi" to them, they seem to love me just as much. I'm also taking full advantage of the better weather and my time outdoors because Mommy heard a rumour about it being a very cold winter, which means I might be spending more time inside. On that note, I'll have to let you go because I just spotted a mouse.

PUrr

**P.S. To follow the fun antics of Gary and his friend Morris and to read other articles of interest, please visit**

**<https://herveycats.com/blog>.**

**You can also find them at**

**<https://www.facebook.com/herveycats>**

## You'll find this on our blog too



### Why Every Cat Should Have a Tunnel

The cat tunnel. A legend in its space. When it comes to cat toys, tunnels seem to have a magic ability to turn even the

## If you cannot promise forever, I am not your cat!

I am a  
**FOREVER  
CAT**

I am NOT an until you...

- ... "get bored" cat
- ... "find a boy/girlfriend" cat
- ... "think I'm too old" cat
- ... "have to move" cat
- ... "have a baby" cat
- ... "get a new kitten" cat.



**Check our blog out at [www.herveycats.com](http://www.herveycats.com) or on facebook. Choice Marketing has created awesome graphics and you can also see Gary and his friend Morris's antics.**



## Gary and Morris's Halloween

It's Halloween, and Gary and Morris are getting ready to go for a walk around the community to take in the festivities. The two of them love seeing all the trick or treaters, the decorated homes, and the general spirit of the day.

Hervey Cats was no exception, the shelter was dressed up with numerous fun Halloween decorations and the two cats were poking around, sniffing and rubbing their faces on things.

"Halloween really brings the creativity out in people, doesn't it?" said Morris.

"It really does," said Gary. "Marjorie went all out this year."

"You're not kidding," said Morris. "I am so excited; I just love this time of year."

"Same here!" said Gary. "I love the smell of chimneys, the falling leaves, all the kids in costumes. It just feels like Halloween."

"What's our route for tonight?" asked Morris.

"First, we're going to visit the local animals to see what they are up to, then we're going to see the big show – the human Trick-or-Treaters," said Gary.

Both cats, not wanting to be outdone, donned their outfits, as provided by a member of the Hervey Cats team.

Morris was wearing a witch's hat, and Gary had a small cape on a break-away collar.

"We look good," said Morris.

Both cats showed off their Halloween accessories to the people at the shelter then went outside to go check on the local wildlife. They headed down into the valley and started

calling out the names of their friends. But heard nothing in return.

Gary and Morris went over to the Skunk family's den to say hi, but they weren't there! Morris ran over to wear the prairie dogs burrow and called down into their network of tunnels. Still nothing.

"Where is everyone?" said Gary.

"Maybe they are afraid of my hat," said Morris.

"Yeah right," said Gary. "Let's go check the woods."

The two cats went over to the wooded area and started calling out for everyone. The owl, the geese, the ducks, the rabbits, the deer, the foxes and more!

Nothing!

"What is going on?" said Gary.

"This is strange," said Morris.

Suddenly they heard a screech from the owl, but it was distant!

"The watering hole!" said Gary. "Of course!"

Both cats bolted as quickly as possible in the direction of the watering hole.

When they got to the clearing, they saw that everyone was there! The entire population of local wildlife was hanging out around, and in, the water. They were also dressed up in their own homemade costumes, which gave Morris an idea.

"We should jump out and scare them," he said.

"Let's do it," said Gary.

The cats climbed a small tree and once things quieted down a bit, they both jump down to the ground letting out a big howl.

The animals all jump back.

"Oh, you scared us!" said the fox.

"My goodness!" said the deer.

"I cannot believe you could be so irresponsible!" said the leader of the geese. "We have a tiny human here in peril! And you two jump out of the forest giving them a scare?!"

"What are you talking about?" said Morris.

Both cats looked over to where the geese were pointing, only to find a young human that looked like a sad carrot.

"What's his deal?" said Gary.

The lead goose told them the human dressed as a carrot had been having a hard time with some other humans, dressed like skeletons, who had taken their candy.

Gary and Morris went over to the young human and rubbed their sides on him. They lay down on the ground next to him. He told them about how he was being bullied and the

**Continued on Page 10**

**... from Page 9**

two kids dressed as skeletons had stolen his candy. The cats felt bad for him.

"We should do something for him," said Gary.

"I wish he could understand us," said Morris.

"He doesn't have to," said Gary. "Let's go find those kids in skeleton costumes."

The cats, with the lead goose in tow, walked out into the town. There were kids everywhere -shouting, laughing, and having fun. All of them were in their costumes and the lights and home decorations were a sight to behold.

"How will we find these kids?" said Morris.

"We need to find a group of skeletons, who also have a bunch of candy near them, who are slightly older than the sad human," said Gary.

"Right. Well, we had better get to work," said Morris.

"To the trees!" said the goose.

All three animals climbed/flew up into a tree and hung out watching the kids go by. Suddenly they heard a yell.

"Give us your candy!" said a pair of skeletons.

"No!" said a defiant young child.

The two skeletons grabbed the bag and wrenched it away from the kid. Once they had it free, they took off running.

"Let's follow them!" said Morris.

Both cats and the goose followed the skeleton pair and saw them head to a park bench. The robbers both sat down and dumped all the candy into one big bag they were carrying.

"I can't believe all those silly kids did all the hard work for us!" said one of the skeletons.

"All we had to do is wait long enough for them to collect their candy, then we move in and steal it!" said the other.

Gary, Morris, and the goose came up with a plan. Both cats would come flying out of the tree and land on the humans, distracting them, while the goose would grab the candy bag and take off into the air with it. All three would meet back at the watering hole.

With a quick countdown, their plan went off without a hitch. Gary and Morris had drawn the two kids away from the stolen candy, long enough for the goose to sweep it up and head into the sky. Once that had happened, the cats took off running as fast as they could.

Gary and Morris were heading back the way they came when they saw the child who'd just lost their candy sitting on the curb. They nudged them and nudged them until they started to follow them. Back at the watering hole, the goose had landed back with the other animals and they were unloading the bag of stolen candy.

The carrot-costumed child had recovered his candy just as he saw the other victim of the skeleton bandits. Their sad face told them everything they needed, and they split all the candy into two groups, letting the other child choose first which one they wanted.

After that, Gary, Morris, the wildlife, and both children had a great time hanging out near the watering hole until the time came for them to go home. The animals were happy to help out their new young human friends, and they felt as if they got to see it all this year.

"What a Halloween, eh Morris?" said Gary.

"I didn't expect to save the day, I was looking forward to a nice relaxing evening, but helping out someone else is always worth it," said Morris.

"Halloween should be a fun time for everyone, there is plenty to go around and no reason for someone to go without," said Gary.

Look for these and additional content on our website <https://herveycats.com/blog>.

You can also find them at <https://www.facebook.com/herveycats>.

**What Are Catios? How Do You Make One?**

Cats love being outside, and much like us, they need sunshine, to feel the breeze, and to breathe the clean fresh air to remain healthy

**Where Did All This Cat Hair Come From? A Guide to Keeping Cat Hair Off Your Clothes and Objects!**

Cat hair is a nuisance. There is no denying that. Somehow our furry friends seem to shed more hair than we could ever imagine being

**Why Every Cat Should Have a Floor to Ceiling Cat Tree**

We have all experienced this before. Your cat is scratching all your furniture and they seem to be ignoring the little scratchpad you bought them,

# Cats and Seasonal Affective Disorder (SAD)

by Nomi Berger

As the days grow darker and shorter, and the thermometer plummets, so does the mood of millions of people living in the Northern Hemisphere. But humans are not the only ones affected by what scientists refer to as Seasonal Affective Disorder or SAD. Our cats – even the happiest, most active and energetic ones -- can suffer the same dramatic downturn in mood.

Signs of the kitty cat blues include a drastic change in appetite, excessive fatigue, nighttime restlessness, reduced social interactions, and/or extreme hair loss.

According to scientists, the reason for these behavioral changes in both humans and felines appears to stem from the effect that light has on two significant hormones. The first is melatonin, produced in the pineal gland. The second is serotonin, produced in the brain.

Melatonin, often referred to as the “hormone of darkness”, plays a vital role in regulating the sleep cycle. The pineal gland is light sensitive, and because melatonin is usually secreted at night, the less light there is – as in the shorter, darker days of winter -- the greater the production of melatonin.

Serotonin, often referred to as the “feel good” substance in the brain also affects mood, appetite and sleep – but

in an entirely different way. In this case, it's sunlight that's needed for the production of serotonin.

There are ways, however, to combat the effects of daylight's diminishing hours on your cat's mood before the full onset of winter. The simplest solution is one used by many humans with SAD: spending an increased amount of time in natural daylight. If your kitty has a lounge or bed, put it next to a window or underneath a skylight. If you have a cat-proof window, open it and let her perch awhile on the ledge. If she's comfortable outdoors, allow her some playtime when the sun is brightest.

Another remedy is an artificial sunlight lamp. These therapy lights use special bulbs that mimic the natural light of the sun and can be bought at any major general retailer or online. Simply keep it turned on in a place where your kitty spends most of her time when she's awake in order for her retinas to take in all of the light.

Hopefully, following all or some of these suggestions will spare your cherished feline companion an unnecessary case of the kitty cat blues.

## Look for this on our blog



### DIY Cat Toys to Keep Your Kitty Engaged

Do you feel like your cat is bored? Are they not getting enough stimulation through the day? There are plenty of ways to provide them



## Upcoming Events

April 23, 2022 is our 21st Annual Dinner and Silent Auction at the Italian Cultural Center -  
14230 -133 Ave.  
Tickets \$50.

Any donations of silent auction items welcome.

Please contact Marjorie at  
780-963-4933

APRIL 23, 2022

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your **donations** make a **difference!**  
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# The adoption fee is \$175 and includes:

Please open your heart and your home to one of our amazing cats and give them a second chance at a good life!



- spay/neuter
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- deworming
- microchipping
- leukemia/FIV testing
- free checkup with vet
- free six week pet health insurance plan



# Want to adopt?

Please contact Marjorie at 780 963 4933

Your new cat requires food, care and attention throughout it's life. The estimated annual costs of your new cat are:

- Food (Dry, Canned & Treats).. \$400
- Litter.....\$200
- Vet Checkups/Vaccines ..... \$200
- Total annual costs..... \$800**

You will also need:

- Water/Food Dishes ..... \$150
- Scratching Post..... \$150
- Litter Pan & Scoop..... \$ 50
- Brush & Comb ..... \$ 45
- Interactive Toys & Other Toys..\$150

**Total initial cost ..... \$545**

**Total first year cost: \$1520**

Adoption Fee \$175

+ Other Items \$545

+ Annual Care \$800

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**Happily accepting new clients!**

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# WHO WE ARE



## NEWSLETTER

PRESIDENT/FOUNDER  
MARJORIE HERVEY  
info@herveycats.com

I am an Animal Rescuer

## A RESCUER'S CREED

I shall be a believer of all that is good in man and of all that is deserving in animals.

I shall plead for their lives, campaign for their safety and uphold their right to a natural death.

I shall seek out the injured and the maimed, the unloved, and the abandoned and tend to them in their last days.

I shall not forget their place in the hierarchy of life, nor that we walk in each other's paths.

I shall bear witness to the wonder they bring to our lives and to the beauty they bestow upon our souls.

I shall renew their spirits when they are waning, bind their wounds when they bleed, cradle them when they whimper, and comfort them when they mourn.

I shall be near them in their hour of greatest need a companion and friend when the time has come.

I shall watch over them and console them and ask that the angels gather them in their arms.

From the creatures of the earth I shall learn the fruits of compassion & undying love, and I shall be called the beloved of God.

In their company I shall indeed be blessed.

- by Susan M. Pearson

The Foundation operates a no-kill facility - euthanasia as an option only when the animal cannot enjoy a reasonable quality of life.



## — Our Mission —

To care for cats in dire need and give our less fortunate feline friends a warm, loving and caring environment that allows them to live out their lives. To attempt to find loving homes for cats and kittens that come into our care. To promote responsible pet ownership through public education, early spaying and neutering programs and promoting other care programs.



It takes 450<sup>lbs</sup> of dry cat food, 75 cases of canned food and 800<sup>lbs</sup> of litter EVERY MONTH to take care of the hundreds of stray, abandoned and unwanted cats and kittens that The Hervey Foundation for Cats takes in at their facility each year. Many of these animals find new homes – but many fall into permanent care at our facility.

**With costs in excess of \$5000 every month the Foundation needs the continued support of the caring public to carry out our mission.**

The Foundation is a registered non-profit Charitable Organization in Canada and Alberta:  
C.R.A. # 899091128 RR0001 Alberta Charitable Organization License # 310154.

**ALL DONATIONS MADE  
TO THE FOUNDATION ARE  
TAX-DEDUCTABLE!**

**Financial donations may be made  
by mail, phone, E-Transfer, Visa,  
Mastercard, ATB Cares.com,  
paypal, or Canadahelps.org!**

**ALL DONATIONS WELCOME  
CALL MARJORIE 780.963.4933**

The Foundation was founded by Marjorie Hervey in 1998 to provide care and loving homes for the unwanted, un-cared for and abandoned cats that fall into our society. She used her family inheritance and more to start and establish The Foundation. Since that time over 3,000 cats and kittens have come into our care and most have found good, loving homes. The balance stay with us to live a quality life.

The Foundation's prime objective is to offer either a temporary or long-term place of protection for injured, unwanted, homeless and abused cats.

In line with this philosophy is the concept of HOMING - this means that we provide homes for these animals - either a new loving, caring home or permanent home at our facility for the cat to live a Quality Life for the remainder of it's life.

We provide a means of finding suitable loving and caring homes for these cats. In addition, we promote and educate the public on the proper treatment of cats.

Our primary concern is the cats under our care. Great precautions are taken to avoid introducing illness. For example, in the situation involving a typical member of the family our procedures would be as follows: Cats that come into our care are taken to an Accredited Veterinary Clinic where, at the cost of The Foundation, the animal would be examined and Feluk tested, spayed or neutered, micro-chipped, dewormed, vaccinated with the 4 way combination vaccine and Feline Leukemia and Rabies (if old enough). Its ears would be checked for ear mites and treated. The cat is then transported to our facility. It is placed in isolation for observation for 4 to 5 days. If any symptoms develop that needs attention, then the cat is treated. Assuming all is well, the cat is placed up for adoption to find it a good home. The cats in our care are not caged but are free to enjoy an home atmosphere. If it clear that a new acquisition could not be adopted for some reason or another, it is made to feel at home, is given a name, and it becomes assimilated into our family.

The Foundation is unique throughout all of Western Canada. The reason is quite simple. No person has the patience and the devotion that Marjorie has for the cats.



**APRIL 23, 2022**

# 21st Annual Dinner & Silent Auction

## ITALIAN CULTURAL CENTER

14230 - 133 Avenue NW, Edmonton

### EVENT INCLUDES:

- Silent Auction
- Cocktails 5:30pm
- Dinner 7:30pm
- 50/50
- Door Prizes
- Adults Only Please!

**TICKETS:**  
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Online Service Fee \$2.50  
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NOW!

C.R.A. # 899091128RR0001 Alberta Charity Organization #3101541 In accordance with regulations imposed by the Province of Alberta, we are required to inform you of the following: Estimated proceeds - \$5,000.00, Estimated costs - \$2,080.00, Government taxes, fees & other levies - \$520.00 Total estimated costs \$2,600.00, Estimated net proceeds - \$2,400.00

## Our Supporters Are Our Lifeline

Monthly donations are the lifeline of the Foundation. They are essential to help with the ongoing care of the cats and kitties. It goes towards food, litter and vet care. The Foundation is powered by volunteers - there are no paid employees of the foundation, nor do the owners/directors receive remuneration - all funds are used for the care of the animals and the operation of the Sanctuary.

# your donations make a difference!

Our main source of funds is YOU...  
your support helps us continue to care for cats!



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[www.herveycats.com](http://www.herveycats.com)

(780) 963-4933

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**The Hervey Foundation for Cats**  
**Box 2565 Station Main,**  
**Stony Plain, AB. T7Z 1X9**

## Our Mission is three-fold

### Our 1st Mission is **RESCUE**

We give each cat immediate medical care. Each is spayed or neutered, fully vaccinated, dewormed, microchipped, tested for Feline Leukemia & FIV, and rehabilitated physically and psychologically. We find loving homes for those who can be adopted. The rest live out their lives in peace and dignity in our family.

### Our 2nd Mission is **REHOMING**

finding good, loving and caring homes for those cats that are adoptable. Being a private Foundation our screening procedures are strict to ensure that our cats will receive the best care possible.

### Our 3rd Mission is **EDUCATION**

We educate people to have compassion and respect for all animals We promote that an animal is a lifetime commitment — we advocate early spaying & neutering as a solution to the overpopulation of animals and recommend Micro-chipping of all animals for identification should they stray.



**YES!** I would like to join the **"SHARE THE CARE" monthly donor program.** Through this program you can help to feed, care and house these cats, that for health or other issues are un-adoptable. **These animals live in a home like environment at our facility.**

Would you like to receive email updates/and or newsletters?

email updates  newsletters



### CHOOSE YOUR LEVEL OF DONATION

debited on  15<sup>th</sup>  30<sup>th</sup>/every month

**MEOW MATE**  
**\$25/month**  
...feeds a cat

**FELINE FRIEND**  
**\$35/month**  
...feeds and houses cat

**PURR PAL**  
**\$50/month**  
...feeds, houses & provides health care for a cat

One time donation \$ \_\_\_\_\_

*Thank you!*

### PAYMENT METHOD

PERSONAL CHEQUE (S)

Please make payable to:  
HERVEY FOUNDATION FOR CATS  
Post-dated cheques accepted



Please fill out the information below

[www.herveycats.com](http://www.herveycats.com)

Please check this box if you require a tax receipt



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EXPIRY \_\_\_\_\_

VERIFICATION / CVC CODE (3 numbers on back of your credit card)

SIGNATURE \_\_\_\_\_

\*By signing this form, I authorize the Hervey Foundation for Cats to withdraw my specified donation on the 15th or the 30th day of each month from my credit card as indicated above. I realize that I can change or cancel my authorization at any time by contacting the Hervey Foundation for Cats.