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Fall 2023







Sent: Aug 17, 2023

From: Lydia Emanuel Subject: Carter Snacking

Hi Marjorie. Here's a photo of one of Carter's favorite outdoor past times on the kitchen patio: watching the world from his little green tent on the patio, and emerging for an occasional snack of grass before popping back into the tent for a lazy snooze on a perfect summer day.

I hope you and the kitties are doing well and also enjoying summer.

Regards,

Lydia







Welcome to the Fall Mewsletter!

Hi everyone, and welcome to The Hervey Foundation for Cats Fall Mewsletter.

With such a hot summer in the rear-view mirror, we hope the colder temperatures will be a warm welcome to some of the harder-hit communities. We know just how difficult the weather has been for some, and our thoughts are with you!

The rain this year has made outdoor maintenance of The Foundation property tricky. It feels like every time we have some respite between rainstorms, we are running around to get as much done as we possibly can.

As you can likely imagine, the kitties haven't enjoyed the crazy summer weather either. When it was rainy and dreary outside, they sat inside lamenting the weather. When it wasn't raining, it was usually too hot and they sat inside under the fans, lamenting the weather. It seems like we just couldn't catch a break! Now that things are cooler and a bit closer to normal, the cats are happy again, chasing bugs and getting into trouble.

I would like to take a moment to really, seriously thank everyone for their donations, especially in these difficult times. Your donations are so greatly appreciated, and they help us carry on with our mission.

We recently started to offer gift certificates for The Foundation at G&E Pharmacy. This is the place where all our cat supplies come from; cat food, both canned and dried; cat litter; cat treats; cat toys and so much more. They also deliver it right to our door, which helps us keep our costs down and lets us spend more time with the cats.

We also now accept e-transfer donations at: info@ herveycats.com. If you are so inclined, be sure to put your name and address in the comments so we can send a tax receipt. www.canadahelps.org is another place where donations can be made online. They offer one-time or monthly donations and setup is easy. We still accept credit cards and cheques in an effort to make things more convenient than ever to help support The Foundation.

I mentioned them earlier, but I want to thank G&E Pharmacy, from the bottom of my heart, for the help they give us, keeping our cats well-fed, happy and healthy. They have truly gone above and beyond to keep everyone happy here. You can see our supplies on our revised wish list.

I hope everyone has a great Thanksgiving and we will be in touch again in the winter edition!

As always, if you have any questions or concerns, please feel free to call me at: (780) 963-4933, or e-mail: marjorie@herveycats.com.

Marjorie Hervey



Cat Cuddles — What to Know About Your Kitty's Snuggling Habits

By Dan Huen

Cats may have a reputation for being independent creatures, but many of them also find pure bliss in a head-scratching session, some petting, or even a belly rub! Since all cats are made differently, what your cat prefers might differ from what your neighbour's cat prefers. By trying to understand your cat's snuggling habits, you can give them more of the attention they love, and less of the attention they don't, strengthening your bond over time!

One important element to keep in mind is this is about trying to learn more about who your cat is, it's not about trying to change their behaviour. Some cats love a good, close snuggle while some prefer to drop in from time to time for some pets. Then there are the rest who just want to be near you, but not necessarily in contact with you.

You can encourage a cat to try new things, but you cannot force them to change their behaviour, and this is about learning what your cat prefers, then leaning into it.

Building Trust

Cuddling with your cat is a powerful way to build trust and strengthen the bond between you and them. When a cat chooses to curl up next to you, it's a sign they feel safe, secure, and comfortable in your presence. Cats also feel love and affection and will reciprocate to foster a deeper connection.

Some cats can be extremely loving, while others, however, are a bit more shy. Some cats have a harder time with physical touch, just because, while others may have experienced trauma at some point, or have lived as ferals.

These cats are not lost causes. Many will still want to have meaningful interactions with people and even show affection, but they need to be approached calmly, slowly and with a gentle demeanour. Over time, as you build trust and show them love, even these cats can open up and become less defensive.

How to Read Your Cat

Body language, first and foremost, is the most important part of learning about your cat's snuggling habits. Cats need interaction to stay stimulated and happy, and since they cannot talk, we rely on their body language to tell us when they are enjoying themselves or not.

Dan Huen is a writer, comedian, and online personality located in Winnipeg, MB. When he is not crafting tails about cats, he is spending time restoring old computers or hanging out with his girlfriend Kristyn, and his cat, June "Little Tuna" Huen. June is a rescue who got left behind when a family sold their house to a friend of Dan's. You can see Dan noodle with his collection of old computers on his YouTube channel: Canadian Computer Collector.

When interacting with your cat, look for signs to tell you how they are doing. A happy cat will have soft, half-closed eyes, a calm and steady purr and a relaxed body posture. Happy cats also tend to move slowly and calmly. When these signs become apparent, you know you are doing something right and you have a happy cat on your hands. Congratulations, you are strengthening your bond!

Also, be attentive to signs of discomfort or distaste. Things like tensing up muscles, quick movements, bulging eyes, flattened ears or an agitated tail will let you know something is not quite right with your cat. At this point, if you are seeing these signs, it's time to leave them alone.

Preferred Cuddling Spots & Rituals

Something else to remain vigilant for are your cat's preferred cuddling spots. It's essential to recognize and respect these preferences. Some cats can be quite finicky and will only cuddle up in the same space, while others are less so. Either way, most cats will have places around the home where they feel more relaxed and prefer to cuddle. You can also encourage new cuddle spots by providing comfortable, inviting areas around the home.

Cats are creatures of routine and getting into a bit of a cuddle schedule is not uncommon. Some cats live for bedtime. They can sense the humans are getting ready for the night and will often meet their owners on their beds once the lights are out. Some cats might headbutt, some cuddle up next to your head, while others like to sit on your chest or the end of the bed. Cats are funny little animals with their behaviours and if you can pick up on the times they prefer to interact, you can make things that much better for them.

Timing and Mood

Cats are moody creatures, just like humans, and they might not always be in the mood to cuddle. This is something you just have to respect as it is a boundary and part of an independent creature's free will. If a person is unable to grasp their cat might not want to cuddle sometimes, they likely should not own a cat.

So, when should you cuddle your cat? They will signal to you when they are in the mood for some interaction or a good cuddle session. Things like brushing up against your legs, following you around the home, or jumping up and headbutting you are all signs that it's time to pay attention to your cat!

Embrace and Celebrate

Cat cuddles offer a beautiful opportunity to bond with your furry friend and create cherished moments of affection. Respect your cat's individual preferences, observe their body language, and establish trust through gentle and positive interactions. Cats can range from cuddly living teddy bears to completely independent, careful creatures. Embrace and celebrate the snuggling habits that bring joy and comfort to both you and your kitty – it will benefit both of you!



The Adventures of Gary







Greetings everybody! Gary here!

Where does all the time go? It feels like summer was just rolling in and the snow was melting back into the ground. Despite summer feeling like it came and went too quickly, I do love the fall and I am glad it is here.

As the leaves change colour and fall from the trees, I wait until they are gathered into piles then race through them. Leaves are great because they float in the air after you play with them, providing even more fun. I could spend hours pouncing on leaves, then chasing them as they fly away.

As CEO of Rodent Control at The Hervey Foundation for Cats, life can't just be piles of leaves and good times. There is work to do. Since we live on a rural property, I keep a tight perimeter, greeting any creatures who enter the grounds. We believe in treating others with kindness around here, so when rodents come onto the property, we simply catch and release them.

Things were mighty hot earlier this summer, but the rain has been great in cooling things down. Don't get me wrong, I love spending my days in the sun, soaking up the rays, but after a while, it just gets to be too much – especially when you live with a permanent set of clothes on (fur).

Getting back to other animals – that pesky woodpecker finally moved on. It was making a ton of noise and keeping everyone at

The Foundation awake at night, and in the early morning. Thankfully we didn't have to intervene, and he took off on his own. Phew!

Speaking of animals passing through, the squirrel families have been busily prepping for the winter. I watch them through the windows as they scurry along with acorns and other nuts in their hands and mouths. As much as I'd like to go out and help them, I know it would scare them, so I stay inside.

We also had some foxes and coyotes pass through The Foundation property. Mommy thinks they might have been displaced by the wildfires, which must be hard, so we just let them pass through uninterrupted. Mom also keeps a close eye on me these days to make sure I am safe when there are bigger animals around.

Things have been fun inside The Foundation. I love greeting everyone that comes down, seeing and sniffing all of them, and to their surprise, sometimes jumping right inside their cars! I love car trips, unlike most cats, so when we have visitors, they're told to roll their windows up or risk a trip with me as a passenger!

I'd better get going now, as Mommy is looking for me and I don't want her to see me using her computer! It's best not to trouble the humans with these things. Don't forget to check out some of the Gary and Morris stories online on the Hervey Cats blog!

-Gary, Purr Purr

Visit our webiste to view our blog and other amazing content

https://herveycats.com/blog.









Cats and Cardboard Boxes

By Dan Huen

You put an empty cardboard box on the floor. You leave the room to start a pot of coffee. You return to the room and there is now a cat in the empty box.

This is a situation that cat owners are all too familiar with. Cats love cardboard boxes like children love Chuck-E-Cheese. To a cat, a cardboard box presents endless possibilities – shelter, play, and a place that makes a very satisfying sound when you shred it with your nails.

What is the deal with cats and cardboard boxes though? Is there something there that we don't see or is it merely an object for them to play with? If that's the case, why do they forfeit time with their toys to go jump in empty boxes?

Predator/Prey Instinct

Some of the Veterinarians at ExcitedCats.com say there is a direct correlation between the fact a box presents a temporary shelter and that sheltering structures provide cats with an immediate relief of stress.

They also remind us that cats are both a predator and prey species. This means cats love any opportunity to both feel safe and able to hunt at any moment. Sitting inside a box and jumping out of the flaps gives them the ability to sit relatively hidden (at least to them) and then dart out when they believe prey is going by (usually our legs).

Dr. Paola Cuevas Moreno adds, "Have you seen how

sometimes when cats go into a box, they keep observing and studying their environment from the top or through a hole?" This is to allow them to make that quick switch between hiding prey and pouncing predator.

Dr. Moreno also notes that cardboard boxes provide cats with precise boundaries in terms of territory. "Cats love to know what belongs to them, and the margins of a box give them a feeling of property with a clearly defined territory."

The Feel

One thing to not skip past is texture. Cats are extremely sensual animals who can become fully entranced by something as simple as a soft fuzzy blanket. Cardboard makes a sound when touched, it feels drastically different from laminate floor, couch fabric or carpet, and it can be shredded quite easily.

Cats in boxes have been known to scratch cardboard quite religiously for not just the feel, but the fact is helps them shed their old nails! When compared to the side of your couch, putting some cardboard boxes out for them to scratch instead starts to make a lot of sense.

So, whether you're moving, you have some extra boxes from a new appliance or pair of shoes, throw your cat a night of fun and leave the empty box out for them!

YOU can find this and additional content on our website





We gratefully send our sincere thanks to the Cunningham Animal Care Fund at the Edmonton

Community Foundation for their ongoing support to the Hervey Foundation for Cats.





Do Cats Learn Behaviour from Other Cats?

By Dan Huen

Cats are incredibly intelligent, careful creatures known for their curiosity. This natural curiosity is just a byproduct of an acute intellect and a thirst for knowledge. They spend hours carefully observing their environments and patrolling their territory to detect minute changes and register the sights and scents associated with them. But does this careful observation also carry over to their feline peers? Do they learn behaviour from each other or is it all just environmental?

As Kittens

As you may have guessed, the answer is yes, they do learn from other cats. It all starts from very early kittenhood, learning behaviours from their mama cat, such as hunting, grooming, and hiding their waste. These traits are required to live in the wild and are something they need to figure out quickly. What better way to learn these skills than mimicry?

Mimicry is something born of both necessity and a longing to emulate their mother. Kittens learn to hunt and pounce from mom so they can survive, but they learn things like using the litter box and grooming out of a desire to be like her. This has been proven by observing young cats and their ability/willingness to learn behaviours from another cat they don't know vs their own mom.

These important lessons learned from their mother are actually incredibly important to the healthy development of a cat. A study published on Nature.com showed that kittens weaned too early from their mothers suffered learning disabilities with a greater tendency to show anxious and aggressive behaviour.

As Adults

Cats don't just learn through observation as kittens. Into adulthood, they've been known to learn from their owners as well as other cats living around them. In multi-cat homes, especially those where the cats get along, cats will sometimes teach each other new behaviours such as how to use a new cat door or interact with a new item. Some cats have also been known to figure out how to open certain doors inside homes, with other cats following suit.

Cats will also sometimes learn responses to certain things from other cats. Shared fear responses or reactions to loud noises, aggression or other cats can also be shared between some felines.

In Final

Cats aren't going to teach each other how to perform tricks, but there are many things they do learn from each other. As non-verbal communicators, cats communicate with each other

through actions and reactions. Their acute survival senses keep them forever on the lookout for danger and watching to see how their peers react to different things. As a result, yes, cats do learn from each other!

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Look for these and additional content on our website https://herveycats.com/blog.

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Check our blog out at www.herveycats.com or on facebook.Choice Marketing has created awesome graphics and you can also see

Gary and his friend Morris's antics Graphics done by Kierra Dahlin



Gary and Morris at the Old Haunted House



By Dan Huen

It was Halloween morning, and you could feel it in the air. The grounds around The Hervey Foundation for Cats were covered in leaves and the neighbours' properties had been decorated with spooky spider webs, ghoulish ghosts, and a plethora of pumpkins up and down the road.

Gary and Morris are both big Halloween fans. As cats, nothing tickles their fancy more than people watching, and this holiday is like the World Series of people watching.

"BOO!" shouted Morris, into the ear of a sleeping Gary.

Gary awoke with a startle.

"WHAT!?"

"Happy Halloween!" said Morris.

"Why'd you scare me?!" said Gary.

"It's the reason for the season!" said Morris.

A volunteer walked past them dressed as a pirate.

"See? The humans are already getting into their disguises!"

"Already? It's 7am," said Gary, who was still waking up. He kicked into his ears with his back foot. "I do love Halloween... What's the plan for tonight?"

"I was thinking we do what we always do and go watch all the humans walk around from up high in a tree!" said Morris.

"I like the sound of that," said Gary. "Let's grab something to eat first"

The two cats went to grab a meal and then hung out on the back porch, digesting.

A few moments later, Marjorie came outside to run a box to one of the sheds. Once back on the porch, she stopped, looked at the two cats, who were lying down, belly up, and told them, "You two boys look comatose!"

She was dressed like a pirate.

"There seems to be a theme developing here," said Morris.

"Yes. I think they are all wearing tablecloth pieces," said Gary. "Perhaps they are all dressing as tables."

Marjorie then gave both cats a belly rub and walked inside.

"Those are Pirates," said Morris. "They seem to growl quite a bit, and they talk with deep voices."

"I assume this is another thing you picked up while living in the city?" said Gary.

"At this time of year, pirates seem unavoidable, yet strangely, through the rest of the year, they aren't much of a problem," said Morris.

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"Humans are so weird," said Gary.

The cats had a few more hours to kill before they headed into town, so they just stayed on the back porch, soaking in the final rays of the day.

As the sun started to set, both cats got up, stretched, yawned, then stretched again. Once that was all complete, it was time to head out.

The boys had decided to go by public transport. As they had done in the past, they would hop on at the nearest stop and ride it into the city.

Getting on the bus wasn't hard. Since people aren't used to cats using public transportation, they are usually met with one of two reactions: people on the bus are excited to see them, or they don't want anything to do with them.

This time, the bus was full of witches. Not like the ones they met in the forest last Halloween, these ones didn't seem to have any real magic. They were mostly young women dressed as witches, and according to some of their conversations, they were headed to a Halloween party at a place called The Convention Centre.

"How perfect!" said one of the witches. "We have summoned two familiars to our cause!"

"Oh, stop it, Mary," said another.

They all laughed.

"Come here, boys! Pst pst pst!" said the one who spoke second.

Gary and Morris went over and sniffed the hands of each person then sat on their laps and let them pet them.

"These witches really seem to like us!" said Morris.

"Oh, there is our stop!" said Gary.

The cats jumped off the laps of the witches and ran to the door as another passenger was stepping off the bus.

"This is the best place to watch all the action. It's a neighbourhood with lots of young families!" said Gary.

The neighbourhood had lots of big, older houses. Some were a bit run down, but others were very nice! The trees were all very tall and wide, and lots of houses had big front yards with bushes all around them.

Gary and Morris were having a great time darting across the yards, feeling the cool grass on their toes, jumping over fences, bushes, and big stones

Everyonce in a while, they'd need to use the sidewalk, at which point they'd notice more and more kids were filling up the streets, wearing their costumes and carrying big bags in their hands.

"It's starting to happen!" said Morris.

"Let's get up high!" said Gary.

Both cats sprinted up a big thick tree as quickly as possible. Once at the top, they came face to face with another cat, who puffed her fur up as soon as she saw them.

Morris immediately puffed up, but Gary was calm.

"Hey there! I'm Gary. This is Morris. We are just here to watch the humans."

"My name is Willie!"

"How are ya, Willie?"

"I'm great! I was just watching the people as well, care to join me?"

"I think that's a great idea!" said Gary. "Morris, you can pull your fur back in?"

Morris took a few deep breaths and pulled his fur back in.

The three cats then took up a spot on one of the bigger limbs on one of the bigger tree limbs, watching all the trick-or-treaters.

"So, I live only a few blocks down," said Willie. "But the both of you live outside the city?"

"That's right," said Gary. "We took a bus here!"

"Wow!" said Willie. "I've never taken a bus before."

Just as Morris was about to brag about how they had ridden the bus numerous times before, they heard all the kids on the ground gasp and a few shouted out, saying, "Look! In the sky!"

It was a giant owl, swooping over the heads of the trick-ortreaters. The cats were both mesmerized and terrified. It let out a giant, "Hoo!" and then swept upwards into the air, around, and into the branches of the tree the cats were in.

"RUN!" shouted Willie.

The three cats bolted down the side of the tree and lo and behold, the owl followed them! Gary and Morris were so freaked out they ran as hard as their bodies would let them, going straight for the first piece of cover they could find. That piece of cover just so happened to be a nearby house. There was a basement window that had a missing pane, so the cats jumped in through there.

"Where are we?" said Morris.

"I don't know," said Gary. "But it's very dusty."

The two cats sneezed a few times after stirring up all the dust.

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"It sure is dark in here," said Morris.

The only light the cats had was whatever remaining moonlight was able to stream through the windows.

"Let's see if we can find some stairs or something," said Gary.

Both Gary and Morris hopped down from the workbench they were standing on and started walking on the cold, stone floor.

"This house must be ancient," said Morris. "Everything feels so old in here!"

"I bet it has been here a long time," said Gary. "You're right about that."

Suddenly a rack fell over, full of pots and pans, making a massive crashing sound.

Gary and Morris bolted, but it was so dark they couldn't see where they were going. Gary ran in circles for about a minute until he could make out the side of a bookcase and then jumped onto one of the shelves and squeezed himself in between some books.

Morris was less fortunate. He was so spooked he ran full speed into a small locker and hit the back of it so hard, the door shut on him.

After all the pots and pans had settled to the floor. Gary slowly looked out from his bookshelf hiding spot. Given a moment to gather himself, he soon realized just how silly it was to try to disguise himself as books.

Morris was sadly meowing from the locker he was in. Gary walked over and pushed the handle down, letting the door swing open. Inside was a puffed-up Morris.

"You're okay buddy," said Gary. "It looks like a shelf fell over."

"Did you do anything to make it fall?" said Morris.

"Nope," said Gary.

"Neither did I," said Morris. "Weird."

"Oh! Stairs are right here!" said Gary. "Follow me!"

Morris sucked his fur back in, then both cats went up the stairs to the main floor.

The stairs made a lot of noise. Gary and Morris were fairly trim cats. They didn't eat a ton of dry food and they got lots of exercise, so it was odd how loud the stairs were, but they were made of old very old wood.

The stairs opened up into the middle of the main floor. Both cats stood atop the stair just before the main floor, with their heads just barely peaking over the hardwood.

"It's empty!" said Morris.

"And creepy," said Gary.

"You go first," said Morris.

"You go first," said Gary.

The two decided to count down and go at the same time.

As they walked out onto the floor at the same time, nothing happened.

"Phew," said Gary. "I thought something was going to-"

Just then they heard the sound of something big falling onto the floor that was still above them. It was a two-storey house, without any furniture, and nobody living there, and yet somehow something had fallen once again, without any interaction from either cat.

"You don't think this place is... haunted?" said Morris.

"Morris, don't say that!" said Gary. "I'm already scared enough as is."

Right after Gary said that both cats heard a faint meow come from the second floor.

"There must be another cat up there!" said Gary, who looked over at Morris only to find him fully puffed up again.

"Morris, we have to go see if there's another cat upstairs!"

"Technically, we don't have to," said Morris.

"Oh, deflate yourself, again, and let's go," said Gary, who took off towards the stairs.

"Wait up!" said Morris, who tagged along.

At the base of the stairs, both cats noticed they were in a terrible state of disrepair. Some boards were broken in half, some were missing, and it looked as if the entire staircase was pulling away from the wall.

"Carefully now," said Gary.

"Right behind you," said Morris.

Both cats started to make their way up the stairs. Like two rock climbers, Gary and Morris slowly wove their way between usable spots and up to the main landing. Once up there, they felt a very cold wind blow past them, but then it was fine again.

"What was that?" said Morris.

"That was really cold. It's not even that cold outside," said Gary.

"Where do you think that meow came from?" said Morris.

"I'm not sure. Let's look around," said Gary.

Both cats started to peer into the many different rooms on the second floor, while meowing and trying to encourage whatever made the previous noise to repeat themselves.

"Anyone there?" said Gary.

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"Come out! We are friendly!" said Morris.

"Morris! Come over here," said Gary, with excitement in his voice. "This must be what fell down earlier."

There was a broken, run-down, foldout bed that seemed to have crashed down and out of the wall it was harboured in.

"I wonder what made it fall?" said Gary.

Both cats entered the room and started to sniff around the bed inquisitively.

Then it happened.

A massive blast of wind started to blow through the room, making a ton of noise, whipping up all the things in there; leaves, paper, and dirt. It seemed to get louder, and louder, and louder, then the door slammed shut and the wind stopped instantly. All the stuff that had whipped up into the air suddenly fell to the floor again.

Gary and Morris looked at each other.

"What was that?" said Gary.

Morris was so scared he could hardly move.

Out of nowhere, the lights came on. Then off. Then on again and continued to flicker. Gary jumped on Morris and the two ran into one of the corners. Suddenly all the objects in the room started to float again, but this time there was no wind.

"I don't like this at all!" said Morris.

With the lights flickering, and the floating objects, a voice started to make itself heard.

"Get... Out..."

Gary and Morris were so terrified they didn't know what to do.

Suddenly the lights in the fixtures started to pop, one at a time.

"What do we do?" said Morris.

"I don't know! The door is shut!" said Gary.

They were a windowpane break, and in from the outside came their new friend Willie!

As soon as Willie entered the room, she ran over to the shut door, then through it, then opened it. Once the door was open, everything that had previously been floating, fell to the floor once again and the voice stopped speaking.

"Let's go!" shouted Willie.

Gary and Morris ran over to Willie and followed her back down the upstairs hallway, down the broken stairs, then out the front door that was now open somehow. Once outside, the front door slammed shut.

"Did you just see that?!" said Gary.

"Which part?" said Morris. "That was all way too crazy to even imagine!"

"You're safe now, friends," said Willie.

"What happened?" said Gary.

"There is a spirit in that house," said Willie. "The previous owner passed away and had unfinished business on this earth. They were never kind to cats and when I saw the owl chase you two into the house, I knew you'd need my help."

"So, it is haunted," said Gary.

"Very much so," said Willie.

"Thank you for saving us!" said Morris.

"It was my pleasure. You two are great cats and my business on this earth is now to make sure other cats don't get hurt here."

"Did you grow up in this house?" said Gary.

"I did. Many years ago. Before the human ghost even moved in," said Willie. "This was my house, then he showed up and it became my duty to protect the cats who happen to walk through this property."

"Wait. How many years ago was that?" said Morris.

"In cat years, about 700," said Willie.

"Wait. So, you're a... ghost?" said Gary.

"Goodnight boys," said Willie, as she walked through the now closed door – as if it wasn't even there!

Gary and Morris stood on the step for a few minutes, speechless, and in total awe of what just happened. Children continued to walk up and down the street, laughing and chatting, eating candy, and having fun on Halloween.

After regaining their composure, Gary and Morris slowly walked back to the bus stop, hopped on another bus, then rode it back to The Foundation.

Once inside, they were greeted by Marjorie, who picked them both up and gave them lots of pets.

"Happy Halloween boys!" she said, as she handed each of them some treats. "What a night, eh?"

Gary and Morris chowed down and then curled up with her.

"What a night," they both said.



Building the Perfect Sun Spot for Your Cat

By Dan Huen

With the summer months fading behind us, the temperature outside might get a bit colder, but the sun will continue shining down on us and into our living rooms. And so long as it does, cats will keep seeking out warm spots in front of the windows in our homes.

Cats love the sun. Period. As natural a pair as left and right, cats and the sun go together perfectly. What draws felines to the number one star in our galaxy? The answer is easy! It's the warmth! Cats love to be warm all the time, and as natural predators (and prey), efficiency is important to them. They also have much higher resting body temperatures than humans do, so they tolerate heat much better than us.

It's All About Energy

Felines are efficient hunters and survivors. In the wild, the amount of time between meals might not always be ideal. Some hunters have to go days between eating, and when that happens, expelling energy to get things done starts to grow difficult. Staying warm, for example, can take a great deal of energy if external conditions are bad. If a cat were to spend the day shivering, or just trying to stay warm in a breezy setting, when a bit of prey finally went by, they might not have the energy to give chase.

Enter the Sun

Wildcats, while perhaps not at the very top of the food chain, still rank quite highly. Other animals realize their agility, strength, and tracking skills make them deadly foes, so they give them space. This allows cats to spend the daytime recovering energy (through sleep), while also staying warm and conserving their energy (laying in the sun). Even in the wintertime, cats love to lay in the sun.

Setting Up Your Cat's Sun Spot(s)

Creating a deliberate sun spot for your cat is something they'll appreciate for many years to come. Having a place that is always warm, where they can lay down, bask in the rays, and ideally look out the window, is something most cats relish.

Cats love variety, so if you can afford the space, try to create a few different spots where they might be able to bask. If not, no big deal – focus on the spot you can set up for them and make it as attractive as possible.

Here are some tips for setting up one, or a handful, of spots where your cat can enjoy the sun.

· Keep Sunny Windowsills Free of Clutter

o Cats will step over things if they are in the way, but they usually won't lie down if there is too much in the way. If we are encouraging them to use these spaces, they should remain free of clutter!

· Make Unreachable Windows Comfortable Underneath

o If that sounds odd, consider that many windows don't have large enough spots for cats to perch or lie down on. If you have windows that let plenty of light in, try to figure out where that light reaches and make those spots comfier!

· Add a Windowsill

o If you have a window without a reachable place, consider adding one! Cats are nimble and agile creatures, but sometimes they can land with a thud after jumping up high. If adding a perch or a sill, be sure you reinforce its strength.

· Elevate Position

o While cats sleep, they have a natural tendency to keep an eye, or an ear, open to predators or threats. This is why many cats prefer to sleep up high or hidden away down low. If you can, try to elevate the sun spot to a point where your cat can see all around them, or out the window it happens to be in front of

· Remove Breeze/Draft

o Cats like the sun because it keeps them warm, but if the sun's competing with a cool draft or breeze, your cat might not be interested at all. Cats also hear things differently from us, and the noise from the wind blowing past their ears might get overwhelming to them.

· Follow the Sun

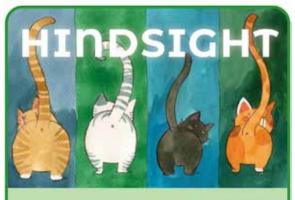
o Cats like to move with the sun as it blazes across the sky. When figuring out where to put your sun spots, spend a day following where the sunlight streams in. Chances are your cat already follows this and moves around the house accordingly. If you can improve these areas, your cats will appreciate it greatly!

Final Thoughts

Have some fun! Setting up places for your cat should be a labour of love, so while working on them, pour some effort into it and have fun! Think about what your cat might like. Are they simple? Do they prefer clean spaces or busy spaces? Are they into soft surfaces or smooth ones? It's up to you to build these spaces according to what your cat prefers, and you are the only one who knows what they like!



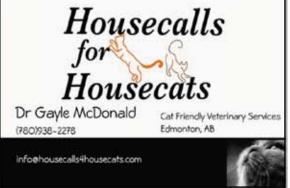
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|--|----|
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Our Mission.

The Hervey Foundation for Cats is a place of refuge for cats. We specialize in cat adoption and rescue for those who otherwise would perish: the abandoned, the abused, the sick, the old, the suffering. This foundation is a place of last resort for cats who would otherwise be euthanized. Our foundation is a no-kill, non-profit, and tax-exempt, private Charitable Foundation.



With food, litter, medicine, and operational costs in excess of \$10,000/month, The Hervey Foundation for Cats needs your support to care for cats from all walks of life - many of which have nowhere else to turn.

Our Story.

The Foundation was founded by Marjorie Hervey in 1998 to provide care and loving homes for the unwanted, un-cared for and abandoned cats that fall into our society. She used her family inheritance and more to start and establish The Foundation. Since that time numerous cats and kittens have come into our care and most have found good, loving homes. The balance stay at The Foundation home, living out their remaining days being loved and cared for.

Marjorie has been referred to as the "Mother Theresa" of cats. She's the person who provides the inspiration and drive behind everything.

There is no doubt that the sick, the homeless, and the neglected felines she willingly, and without reservation, devotes herself to, have never felt the warmth, love and compassion that she gives to every one of them.

The Foundation's prime objective is to offer a longterm place of protection for injured, unwanted, homeless and/or abused cats.

In line with this philosophy is the concept of **homing**. We provide homes for these animals - either a new loving, caring home, or a permanent home at our sanctuary - Where the cat will live out its remaining days happily, in a home, where they are loved and their needs are taken care of.

A point of pride at The Foundation is that the cats are rarely isolated. They live in a warm familial environment (after being acclimatized to live in harmony with other cats).

Many cats come to us due to illness or a desperate situation, but many also come to us when individuals move out of their homes and into permanent care facilities. We provide the same level of love and care for these cats as we do for all our cats.

The Hervey Foundation for Cats also promotes public education. Owning a cat, or any pet, is not a novelty. When a person adopts a pet, they are taking responsibility for another life.

As a long-term sanctuary for cats, we are at the frontline in the battle against overpopulation, and we feel the best tool is education. We regularly promote spaying and neutering of pets as a means to reduce population, as well keeping cats indoors, not giving them as gifts, and more.

The Foundation is unique throughout all of Western Canada. The reason is quite simple. No person has the patience and the devotion that Marjorie has for the cats.

Contact.

Hervey Foundation for Cats

Box 2565 Station Main Stony Plain, AB T7Z 1X9

Phone (780) 963-4933

Email info@herveycats.com

President/Founder Marjorie Hervey info@herveycats.com

The Foundation operates a no-kill facility. Euthanasia is an option only when the animal cannot enjoy a reasonable quality of life.

The Foundation is a registered nonprofit Charitable Organization in Canada and Alberta: C.R.A. #899091128 RR0001

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YOU CAN HELP CATS IN NEED!

Your donations are the lifeline for our cats.

With your help, we can provide food, litter and life-saving medicine to those who need it the most. We take care of cats in dire need, the aged, the abandoned and more; providing a comfortable and loving home for the rest of their lives. We're proud of our work, but it comes with a cost, and your donations make this all possible.

Our foundation is powered by volunteers - there are no paid employees, nor do the owners/directors receive renumeration - all funds are used for the care of the animals and operation of the sanctuary.

MISSION IS THREE-FOLD

Our first mission is rescue.

We give each cat immediate medical care. Each is spayed or neutered, vaccinated, micro-chipped, and rehabilitated physically and psychologically. We find loving homes for those who can be adopted. The rest live out their lives in peace and dignity in our family.

Our second mission is adoption.

Finding good, loving, and caring homes for those cats that are adoptable. Being a private Foundation, our screening procedures are strict to ensure that our cats will receive the best care possible.

Our third mission is education.

Educate people to have compassion and respect for all animals. We promote that an animal is a lifetime commitment - we advocate early spaying and neutering as a solution to the overpopulation of animals. In addition, we recommend micro-chipping of all animals as a means of identification should they stray.



YES! I would like to support the Hervey Foundation for Cats by either a single donation, or joining the **monthly donor program**. Through this donation, I can help care for the cats at their no-kill sanctuary, providing a homelike living experience, medical care, and more!

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