

summer 2016



MEWSletter

Garage



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Hervey Foundation for Cats

June 9, 10, 11, 2016
10am - 6pm

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In This Issue: Heart Disease: Symptoms, Diagnosis & Treatment
Are You And Your Pets Prepared For A Disaster?
The Great Canadian Giving Challenge!

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Aggression in Cats

CAT CHAT with Chantele Cloutier¹ and Dr. Berney Pukay²

Chantele: What can be done about certain cats that appear to have “dual personalities” i.e. they can be very loving one minute and very aggressive the next? During the aggressive times, these cats can become very physical, even to the point of biting and scratching.

Dr. Berney: Cats aren't usually aggressive towards their owners but when they are, it can be very upsetting. The most common reason for aggression in cats is simple playfulness. In most cases, the typical playful aggressive cat is young (under three years old), lives in a single-cat household, and is kept strictly indoors. Attacks occur at certain times and locations, usually when the owner is moving about. The attacks are sudden, the cat may look angry, and biting may occur, although this rarely breaks the skin. In short, the behaviour is typical of what you would see with predatory behaviour.

These attacks are not really true aggression but merely a way for some cats to express their instinct to hunt and give chase. Often, owners may become distressed or frightened by the intensity and aggressiveness of the attacks. The first instinct may be to run away or hit out at the cat but this only serves to stimulate further aggressive behaviour since such actions are interpreted as reciprocal play.

To correct play aggression, owners are advised to start by redirecting playful behaviour towards objects rather than people. Diversions can include such things as toys on string that can be chased, open paper bags to hide in, ping pong balls to attack and other items that encourage predatory behaviour. When an attack appears imminent, owners can use a toy to re-focus the aggressive cat away from the owner. If feasible, allowing the cat access to the outdoors (e.g. back yard) can be helpful. Getting another cat as a companion also helps to redirect this behaviour.

There is another type of aggression that cats can exhibit that is referred to as petting and biting syndrome. In these situations, as the owner strokes the cat, the cat suddenly turns around and bites or attacks the owner. Acceptance of stroking is not natural behaviour in cats but is a learned response and it appears that some cats have more difficulty learning than others. It is thought that some cats may have difficulty accepting physical attention, either because of improper human social development during the critical time before eight weeks of age, or because of a defensive aggression reaction due to insecurity. It may also simply be a case of a cat letting its owners know when it has had enough petting.

If a cat suddenly becomes aggressive and attacks an owner during petting, the first step is to rule out a medical problem since there may be an underlying medical problem or a painful condition. This can be ruled out with a visit to the veterinarian.

- 1 Chatele Cloutier is the Territory Manager for Petsecure Pet Health Insurance
- 2 Dr. Berney Pukay is the Chairman of the Petsecure Veterinary Advisory Board.

To teach a cat to accept stroking in a normal way, it is most important to make sure that the cat feels secure during petting. Having him sit quietly on the owner's lap and keeping everything nice and calm can help accomplish this. Interactions should be brief and end before the cat reacts. Signs of impending aggression include: restlessness, tail twitching, ears turned back and the head moving toward your hand. When these body signals become evident, the owner should stop petting and let the cat sit quietly on their lap or allow him to move away without interference. Quiet behaviour can also be rewarded with food treats at these times.

Carter's Corner



The Hervey Foundation for Cats

Apr 6 @ 6:27 pm

Hi Marjorie! Well, Spring has finally sprung—not on the basis of the calendar date, but more on the basis of Carter's little internal “cat clock” that told him it was finally time to go for a long harness walk in the backyard. After numerous very short-lived excursions the previous months, he eagerly completed three very intensive and exhaustive circuits of the backyard, sniffing and touching numerous plants, fallen leaves and rocks. I think he was disappointed that his favourite clump of grass to gnaw was still dormant, but he can still fall back on eating his “house salad” in the kitchen whenever he likes.

I took a few photos of him settling down to eat his grass, and also a current one of him and Quincy snuggled up in the window. We're looking forward to seeing everyone at the Hervey Foundation's 15th Annual Dinner and Silent Auction in May.

Regards, Lydia & Gene Emanuel



The Hervey Foundation for Cats

May 19 @ 2:23 pm

Subject: It's Carter's Third Birthday today!

Hi Marjorie, and happy Victoria Day weekend. We had a great time at the Dinner and Silent Auction a few weeks back. I managed to be the lucky bid on one of the gift baskets, but unfortunately wasn't lucky on the adorable cake with the cat footprint icing.

Here are a couple of photos of our tiny beast Carter, celebrating his third birthday (May 19th) on the dining room table. That little tongue got quite a workout licking off all the gravy first.

Regards, Lydia & Gene Emanuel



Thank you for my Furr-Ever Home!

MARJORIE'S MESSAGE



Dear Supporters,

Welcome to the Summer Edition of the Newsletter!

Get yourself a cool one, pull up a chair, and enjoy!

Well, I hope we have all been enjoying the beautiful summer-like spring we have been having. We know we are deserving of such nice weather as we put up with long, cold winters most of the time. Sadly, the great weather has also been responsible for so many affected by the northern Wildfires. We want everyone to know our thoughts are with them, as are the rest of Canada's. I cannot even image the overwhelming emotions they may be feeling. We only hope there will be a positive side down the road. We will have to rebuild and this tragedy will create jobs for many. Let's hope people can get back home and start rebuilding their lives soon. I'd also like to thank the many, many people that have come forward to help provide temporary shelter for all the displaced pets that resulted because of the evacuations. It is very heartwarming to see how the goodness of people comes out in such times of need.

Things have been busy here at the Foundation, as usual and we would like to thank our volunteers and the continued support from our supporters. Your ongoing donations are greatly appreciated as the need is ongoing to cover the expenses and care of the kitties. Our 15th Annual Dinner and Silent Auction on May 7 was a WOW evening for all of us at the Foundation. What a fabulous night it was. Matilda did an AWESOME job of decorating again, the Italian Cultural Centre made wonderful food, and the volunteers that helped in getting great silent

auction items, preparing everything for the event, helping with setup, and all they did to ensure the evening was a success, was just incredible!!! Maryanne did a fabulous job as emcee, and all the attendees made the evening terrific. Everyone was very upbeat and full of enthusiasm. Chantele from PetSecure Health Insurance did a wonderful presentation and we want to thank PetSecure for their sponsorship of the evening. It was pretty much a sell out again this year, and it was so nice to see many of the long term supporters there, as well to meet so many new faces to the group. Mike and Rebecca with Roy Entertainment, who volunteered their services for the sound system, did a wonderful job. There just are not enough words to say how appreciative and grateful we are to everyone that made this evening so wonderful. We also want to say how much we appreciate your ongoing support. The funds raised that night were very much needed once again and will help the Foundation to carry on our mission of helping the cats and kittens. I hope we will see everyone out again May 6, 2017. Same time... same place... and more fun to be had!!

In order to help the Foundation improve its financial situation throughout the year we have two new fundraising activities coming up. The first is our Garage Sale happening June 9, 10, and 11th in Edmonton at my sister's house located at 10604-63 St. from 10am-6pm each day. There will be many new and slightly used items, many of which will be of great interest to all the Cat Lovers out there. Hope to see as

many familiar faces out as possible and be sure to tell all your friends as well.

The second is a special Fundraiser through Canada Helps, the organization that makes many of our online donations possible throughout the year. We are excited to announce being part of The Great Canadian Giving Challenge this year, starting June 1st! The Great Canadian Giving Challenge encourages all Canadians to donate in a typically low giving season, to help their favourite charity win a prize of \$10,000. We are hoping this opportunity will engage our current and new supporters to participate by donating online through www.canadahelps.org or www.givingchallenge.ca to our charity which will increase our chances of winning. Remember, every dollar we receive in the month of June through Canada Helps will increase our chances to win! You can also go to our website www.herveycats.com for more information.

Have a great summer everyone!

Marjorie Hervey



CAT WISH LIST

WE ARE ALWAYS IN NEED OF:

GIFT CARDS for G & E Pharmacy, Canadian Tire, Walmart & Superstore help us buy much needed pet and cleaning supplies.

CLEANING SUPPLIES

- Pinesol
- paper towels
- garbage bags
- bleach
- Tide detergent (no lemon scent)

CAT FOOD

- Baby food (pref. chicken with broth)
- Friskies canned cat food
- IAMS Dry cat food

CAT SUPPLIES

- Cat litter deodorizer
- Jumbo litter pans

CAT ENJOYMENT

- Kitty toys
- Scratching posts
- Turbo scratchers
- Cat beds
- Kitty condos



All donations are appreciated!

Heart Disease: Symptoms, Diagnosis & Treatment

PUBLISHED ON March 16, 2016 by Berkshire Vet Nurse

Our cats are susceptible to heart problems, just like we are and because they are living longer lives than their predecessors, heart disease is becoming increasingly more common. Heart problems can occur in any breed, age or sex of animal, but some cat breeds, such as the Persian, Maine Coon, Siamese and Ragdoll seem to be more susceptible to heart disease than others.

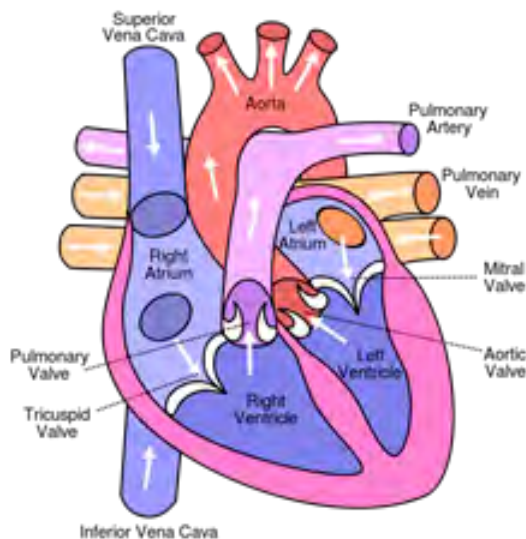
Heart problems may be present from birth (congenital), or may happen as our pets get older.

1. **Congenital:** Heart conditions can be caused as the embryo develops in the mother's womb or may be a hereditary (passed on from the mother or father). In this case the problem is present at birth but signs may go undetected for a while.
2. **Adult onset:** These conditions occur as a result of damage to the heart which prevent it functioning properly and may be caused by
 - General wear and tear with age
 - Increased stress on the heart from concurrent illnesses, such as hyperthyroidism, high blood pressure, taurine deficiency, poisoning and obesity
 - Hereditary conditions which do not present until the animal is fully grown.

HOW THE HEART WORKS

Like all mammals, cats have a four chambered heart which is made up of three layers.

1. Pericardium – a fluid-filled sac that surrounds the heart
2. Myocardium – a middle layer of muscle
3. Endocardium – the inner lining



The right atrium and left atrium are the upper chambers of the heart and the right ventricle and left ventricle are the lower chambers. A muscular wall called the septum separates the right and left sides of the heart. Each of the chambers has valves in order to make sure that the blood flows in the correct direction.



The different sides of the heart have different functions.

- On the left side of the heart, the upper chamber (left atrium) fills with oxygenated blood from the lungs. It is then pumped via the lower chamber (left ventricle) into the aorta and around the body to provide cells with the oxygen they need.
- On the right side of the heart, the upper chamber (right atrium) fills with oxygen-depleted blood from the body and pushes it via the lower chamber (right ventricle) and the pulmonary artery back to the lungs where it can be oxygenated again.

The heart muscle contracts to squeeze blood out of the heart

- In the first stage the upper chambers (atria) contract at the same time, pushing blood down into the ventricles.
- In the second stage, the ventricles contract to push this blood out of the heart to either the body via your main artery (aorta) or via the pulmonary artery, which leads to the lungs, to pick up oxygen.

The heart then relaxes. Blood fills up the heart again, and the whole process, which takes a fraction of a second, is repeated.

SYMPTOMS OF A HEART PROBLEM

In the initial stages of a heart problem the body often learns to cope with the changes, so many cats don't show clinical signs until the heart problem is quite advanced (cats are also very good at hiding illnesses!) Some of the most commonly seen symptoms include:

- Tiredness
- Increased respiratory effort and rate (heavy breathing / panting)
- Weight loss
- Appearance of weight gain (due to fluid building up in the chest and abdomen)
- Cold extremities (paws)
- Collapse / fainting
- Behavioural changes
- Stunted growth (kittens)

.... continued on page 5

Heart Disease: Symptoms, Diagnosis & Treatment

PUBLISHED ON March 16, 2016 by Berkshire Vet Nurse
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If you see any of the above symptoms in your pet, or you are concerned about his or her health for any reason, please take them to see your vet.

TYPES OF HEART PROBLEMS

Heart Murmur: This is caused by turbulent or fast blood flow within the heart or associated vessels. There are lots of causes for heart murmurs; some are not associated with any structural heart disease and can be caused by stress or high temperatures, other murmurs can be caused by abnormal blood flow associated with a variety of cardiac diseases, including abnormal heart valves and different congenital defects. If murmurs are not associated with heart disease they often disappear in a few months.



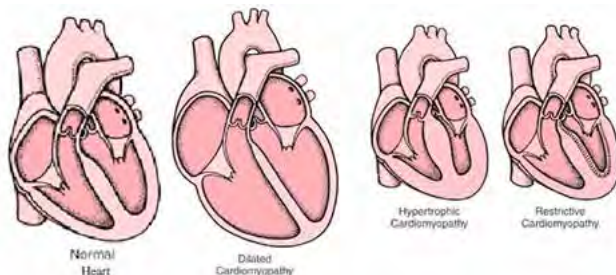
Valvular Disease/Insufficiency: Heart valves normally form a perfect seal when closed. However, in valve disease one or more of these valves “leak,” allowing blood to be pumped backwards.

Bacterial Endocarditis: This is caused by a bacterial infection of the heart valves or of the membrane lining the cavities of the heart.

Dilated Cardiomyopathy: The muscle of the heart becomes thinner and gradually weaker, causing the heart chambers to stretch, which prevent it from pumping blood around the body as effectively as it should.

Hypertrophic Cardiomyopathy: The heart muscle becomes thicker, resulting in a reduction of chamber volume, which means that the heart pumps less blood around the body. This is the most common form of heart disease found in cats.

Restrictive Cardiomyopathy: Caused by fibrosis (scarring) of the heart muscle, which results in a chamber that can no longer expand in the normal way.



Feline aortic thromboembolism: A blood clot (thrombus) develops in the heart chamber and can then move on to block blood flow in small arteries. This may occur as a result of existing heart problems because the blood is not flowing normally through the heart.

Congestive Heart Failure: This is unfortunately the usual end result of most heart conditions. As the heart loses its ability to pump blood around the body properly it becomes congested, resulting in fluid build-up in the abdomen and chest cavities, which lead to abdominal enlargement and interference with the other organs. If fluid builds up in the lungs it results in coughing and breathing difficulties.

HOW HEART PROBLEMS ARE DIAGNOSED

This will vary from patient to patient and will also depend on the clinical signs, but usually two or more of the following tests are performed.




- **Auscultation:** The vet will listen to your pet’s heart with a stethoscope to detect any murmurs or irregular rhythms.
- **Ultrasound:** Allows the vet to examine the heart while it is in motion. It can be used to measure the chambers and walls of the heart and see the heart valves, so can provide a very accurate diagnosis.
- **X-rays:** these can show your vet if the heart is enlarged or has changed shape and show if there is any fluid in chest or abdominal cavities.
- **Electrocardiogram (ECG):** Shows the electrical activity of your pet’s heart to measure and diagnose abnormal heart rhythms
- **Blood and urine tests:** These are done to assess general health and ensure that there are no problems with other organs in the body, for example the kidneys or liver.

As well as listening to the heart, ultrasound, blood tests and X-rays may be necessary continued on page 6



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TREATMENT FOR HEART PROBLEMS

In early stages of heart disease there may be no clinical symptoms and your cat may just need an adjustment to diet and exercise along with regular check ups by your vet. If there is a concurrent illness, treating that may help the heart problem as well. Medication can be given in the later stages and will depend on the heart problem and associated symptoms. Recommended treatment may include

- Changes to your pet's lifestyle, for example more controlled exercise and activities to prevent over exertion.
- Medication to improve the strength of the heart beat or change the heart rate and, if necessary, to help remove excess fluid from the chest and abdominal cavities.
- Dietary changes may be recommended by your vet depending on the type of heart disease present, especially if your pet is currently overweight.
- Some congenital heart defects can be corrected by surgery so your vet may recommend this.

HOW TO KEEP YOUR PET HEALTHY

ensuring your cat is fit and healthy is not only a great way of helping to prevent heart disease but it can also help pets that have been diagnosed with heart problems to stay healthier for longer.

- Make sure your pet is eating a well-balanced, healthy diet, this is as good for your pet's heart as it is for yours.
- Watch your pet's weight; being overweight makes the heart work much harder. You are responsible for the amount of

calories your pet eats and it is down to you to help your pet maintain a healthy weight! If you are unsure whether your pet is overweight and how much he or she should weigh, ask your veterinary nurse for advice.

- Make sure your pet receives regular, good quality exercise; this will improve overall health and fitness in your pet and prevent excess weight gain.
- Take your pet for annual check-ups with the vet (twice yearly for senior pets). Early detection will improve your pet's chances.



If you have any questions about heart problems or any concerns about your pet's health, please contact your veterinary practice for advice.



Written by Clare Espley RVN A1 MBVNA
Castle Vets Pet Healthcare Centre



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Are you & your pets prepared for a Disaster?

By Patricia Allyn

Editor's Note: This article was written & submitted prior to the Fort MacMurray fires.

I sit on my deck sipping coffee on this unseasonably warm and sunny spring morning, and feel a sense of peaceful serenity washing over me as I listen to the birds chirping their morning songs. I never want to get on with my day, and would much rather stretch this blissful time out just a little longer.

Ironically, it is on this fine morning that I find myself writing an article on disaster preparedness. The truth is that it is precisely in these times of calm and normalcy that we must plan for the extreme opposite situation – the real life nightmare of disaster. If you do in fact wait for disaster to be upon you to start planning, it may be too late. How well you plan and prepare may just save the lives of your pets one day.

It's important to keep in mind that if conditions are not safe for people, they won't be safe for your pets either. The best way to keep your pets safe is to keep them with you at all times! If there is one thing people should have learned from recent horrendous disasters such as Hurricane Katrina and, closer to home, the fires of Slave Lake, that one thing would be to TAKE YOUR PETS WITH YOU!! With an evacuation situation in effect, you have no way of knowing for sure how long you should expect to stay evacuated for, or if you will be able or allowed to temporarily return to retrieve pets. Material possessions can be replaced or done without, but lives lost will never return.

Disaster can strike anyone, at any time. Sometimes you may get a day or two of warning, other times absolutely none. Disaster can take many shapes, forms, and sizes – floods, fires, tornados, earthquakes, and power outages, to name but a few. Different disasters require different responses – for some you may be able to hole up in a safe room in your basement, while others will call for total evacuation. Most disasters will not be on the same scale as Hurricane Katrina was, but it doesn't necessarily have to be that big to totally turn your world upside down.

There is a fine line between being prepared for disaster situations and going overboard by living in a state of paranoia. Chances are that the majority of us will never have to deal with an emergency evacuation. There has to be a "happy medium" between the two extremes of doing nothing and being paranoid. You need to have a disaster plan in place for yourself and your family. Your beloved pets must be part of that plan! Get your plan in place, get

into the habit of keeping supplies and information up to date and ready to go, and then go on to enjoy life, secure in the knowledge that if something bad does happen, you will be prepared to deal with it.

There are logistics you need to sort out – what works best in your home and your situation, including size and quantity of animals. I have four cats and two small dogs, and if I were to keep all their crates and supplies at the front or back door, loaded up and ready to "run", I would need a much bigger closet. Instead, my "happy medium" includes having all the crates (one for each animal) in a prominent and readily available place in the basement (i.e. not hidden away in a dark storage closet below stacks of other boxes). Mine are stacked together in the easy to access working part of my basement – the awkward spaces close to my furnace and water heater (make sure there is a safe distance left open around both). Each crate is labeled with my pet's name, my name and phone numbers, and inside each crate is a blanket/towel.

In my entranceway (a pantry would work well too) I keep a sturdy Rubbermaid tote with any other supplies which must accompany us. Gather your supplies and then buy the tote, sized accordingly.

The more pets you have, the more time you'll need to get them all crated and loaded into your vehicle. Have a plan in mind about how you're going to carry all these crates out, whether or not you'll have help, and where you'll be placing them in your vehicle. It may take a few trips to get them all out to your vehicle, so take this into consideration. Where can you place everything, and where can every person and animal be situated? Do a trial run to fit everything into your vehicle (minus the animals) so there won't be any last minute spatial surprises. If you do not have a vehicle you will need a back-up plan in the form of a trusted neighbor or friend who can take you and your pets in their vehicle.

During an emergency situation you will be stressed and may not be able to remember everything you need to bring. The idea is to have everything together and ready to go ahead of time, greatly putting your mind at ease. There are some very basic items you need to take care of immediately to ensure a smooth and timely evacuation is not only possible, but probable.

Getting Started ... The Calm Before The Storm

Have your vet microchip your pets! Microchipping is by far the preferred method of identification in that it won't fade, blur, or get lost, and if your pet is found, he can easily be traced to you if brought into a vet's office or animal shelter for scanning. Make sure you always keep your contact information up to date with the microchip company.

My cats are "indoors only" cats and do not wear collars, however I do have a break-away collar for each in my disaster tote. It is a good idea to have break-away collars for them, which should have id tags with your contact information. Although microchips are extremely important to have, your pet may in some cases get returned to you quicker

ARE YOU AND YOUR PETS PREPARED FOR A DISASTER?, cont'd

with collar id tags as whoever finds them will first look for a tag with a phone number before taking them in to be scanned for a microchip.

Keep your pets' vaccinations and records of such up to date. During a disaster you never know what diseases they may be faced with, along with the accompanying stress which makes it harder to fight off germs.

Know your pets' habits well. Where in your home do they go to hide when scared, not feeling well, or under duress? For example, one of my cats can be found in my bedroom closet, another one heads for cover under my bed, while a third disappears into the basement. You will have to be able to find them quickly, get them out of hiding, and then get them into their crates. Try to stay as calm as possible, or your nervous energy will add to their fear. Encourage them with a calm voice and lure them out with some treats. One of my cats, the same one that hides below my bed, also hates going to the vet so much, that as soon as I get her crate out, she disappears. It's a good idea to get your cats accustomed to going into their crates with minimal fear and fuss, which will definitely lessen their stress in the event of an actual emergency. You can accomplish this well ahead of time by leaving their crate out and the door open, and placing treats and toys inside for them to discover. Get pet emergency stickers on each of your home's doors stating how many and what type of animals you have. These are available at some pet supply stores as well as on Amazon.ca.

Educate yourself on what to do during various disasters, especially those which are more likely to occur in your area. This will help you to plan your best course of action.

If you are not home when disaster strikes, get home as quickly as you are able. If this is not possible, such as if you're away on vacation, and assuming your pets are already being cared for by a trustworthy person, contact this person and make a plan with them.

The Notebook

Start a neat and well-organized disaster notebook as a central data storage location in which you'll gather names, numbers, and other pertinent information to help in times of need. This notebook will prove to be invaluable as it will prevent you from having to frantically google for information or search for numbers or addresses at the last minute, as all will be at your fingertips. If someone else is caring for your animals for any reason, this notebook will help them as well. You can arrange it as you see fit, and get as fancy as you want (e.g. adding tabs or dividers) but the most important thing is that it is neat, orderly, and up-to-date.

Keep an up-to-date list of trusted friends and relatives who you can count on, and their contact information. Be sure to also include people outside of the immediate area where you live, as it's possible the people nearby you may be in the same predicament as you.

Gather an up to date list of pet-friendly hotels in, nearby, and far enough outside of your immediate area to be out of the danger zone. Include phone numbers, addresses, and any restrictions on size and/or number of pets allowed. In an actual emergency, use this list to call ahead for a reservation as soon as you realize you will be evacuating.

Keep an up-to-date list of boarding facilities, pounds and animal shelters to determine the possibility of emergency care, or to have available when looking for pets afterwards, in case they've been separated from you.

Medical care/Vet contact information – In addition to your vet's name and contact information, this notebook would also be a great place to keep your pets' medical care requirements.

The Crates

Have one crate per cat, unless you have two cats who get along very well even when under stress (e.g. on vet visits), and in this case they may do better together in a larger crate, where they can comfort one another. Top-loading crates may be easier to get your cats into. If necessary, keep a crate ready for small dogs too. Inside each crate you are going to place blankets or towels so that your pet will be warm and comfortable, and also so that if they pee out of fear or simply out of necessity, they won't be sloshing around in a puddle. On each crate you need to have important information about your pet, which should include the animal's name, your name and phone numbers (especially cell phone numbers). It should either be on some type of securely attached tag, such as a luggage tag (found in travel sections of department stores or in specialty luggage stores), or written on a large sticker stuck in a prominent spot on top near the crate's door. Use a waterproof marker.

Inside The Rubbermaid Tote

Food, water and treats – Keep a supply of your pets' usual food (both canned and dry) so that you have at least three days' worth for each pet. Get into the habit of replacing this regularly so that it never gets old and stale or expired. If you feed your pets something such as raw or home-made food, which can't be stored outside of the fridge or freezer, get an acceptable type of quality canned food (or perhaps dehydrated or freeze-dried raw) which will have to do in dire straits. Do the same for bottled water and treats.

Bowls, can opener, spoons – For ease of feeding.

Spare towels and bedding – Your pets will be afraid and out of this fear, may pee in their crate. You need to have a change of towels/bedding so they will be as comfortable as possible. Bedding with a familiar scent on it will be calming to your pets, so consider bedding they've already slept on or perhaps a cozy shirt of yours.

Current photographs – Have at least two good photos - one with a close up of their face, and the second, a full body shot. Include a brief description, including size, weight,

ARE YOU AND YOUR PETS PREPARED FOR A DISASTER?, cont'd

color, distinguishing markings, personality and temperament. **Microchip number associated with each animal and city licence tag number** – These may be helpful if you get separated from your pets and are searching for them.

Medical records and your vet's contact info – Keep a large-sized envelope or file folder, and keep your pets' medical records here, including any vaccination certificates/tags, etc.

Medication – Keep a supply of at least two weeks' worth of your pets' medications, and as with the food, get into the habit of replacing this regularly by using it up when you get a refill, and then placing the refill in the tote. Have a list of medical concerns and necessary care.

First Aid kit – A basic first aid kit could come in handy. These are available at some pet supply stores and Amazon.ca. Some pet first aid kits even come with a small first aid manual.

Toileting - Kitty litter tray, litter, scoop, bags – There are a few options as to what you can use here. Portable or disposable kitty litter trays are available at some pet supply stores and on Amazon.ca, but they can be expensive and unnecessary. A small plastic kitty litter tray (available at pet supply stores) and a small bag of your cat's usual kitty litter will do just fine. I'm a big fan of Rubbermaid totes, and I would look for one of these in an appropriate size. That way, when you are storing or transporting it, you can keep the litter inside and replace the lid so it doesn't spill. Throw in a roll or two of dog poop scoop bags as these can be used for scooping kitty litter or picking up after your dog.

Leashes and harnesses – Whether or not your cats are trained to walk on a harness and leash, it may be a good investment (lightweight nylon harnesses and leashes are available for a fairly reasonable price). If you end up in a situation where your pets may need to be kept in crates for several days, this may be a good way to get them out for a bit of a stretch, being very careful not to allow them to escape. Always keep a spare leash for your dog in here as well.

Brush/comb – Grooming can be very calming for a lot of animals.

Paper towels, pet-safe disinfectant spray, small bottle of dishsoap and cleaning cloth – All to help with cleanliness and germ control.

Flashlight – This can be used to hunt for missing/hiding pets, and always comes in handy for other reasons as well, such as during power outages. Make sure batteries are new or charged, checking regularly and replacing if need be.

Toys (cats and dogs) and chew toys (dogs) – Play is a great way for animals to de-stress; same with chewing for dogs. Catnip or Honeysuckle - May help to calm your cats.

Taking Action

At the first sign of imminent danger, access and stay tuned into a reliable news source, on your cell phone or radio, so

that you can keep on top of the latest developments. When the time is nearing/at hand, it is time for you to act. If your animals are outside, get them inside and confined as soon as possible or they are liable to panic, run and/or hide. This is just one more reason to keep your cats as "indoors only".

Do leave or head to your safe room as early as possible. The closer you wait until the time of a forced evacuation, the more stressed, rushed and chaotic everyone will be, including your pets. Adding to the stress of waiting until the last minute will be all the heightened smells and sounds of impending disaster, which will be that much more intense for pets with their keen senses.

Sheltering In-House

If the disaster is something such as a tornado where you may be OK to stay in certain areas of your home, identify a safe area to take all the pets and people to, and get there early on. Remember to get your tote into the safe room as well, once all two- and four-leggeds are down there. Keep all your cats in crates initially for sure, and quite possibly throughout the entire ordeal. Although your home should already be pet-safe, do a quick once over of the room to be sure it is safe from toxins, plants, and other possible dangers. Block any vents, small cracks or holes where a cat could crawl into and hide. Stay tuned into the news on your cell phone or a radio.

Once the disaster has passed and it's alright to come out of your safe room, everyone will be disoriented and afraid. Things could've changed drastically in and around your home – fences could've been knocked down, trees uprooted, electrical wires damaged, windows smashed in, roofs torn off, etc. Animals can act very unpredictably – they still may run and hide. Keep them confined until you are certain it is safe for them to be out and also until they've settled.

Last But Certainly Not Least

This article is intended mainly for cats and dogs, but can easily apply to other animals as well. If you have other house pets such as birds, rabbits, ferrets, rodents, reptiles, etc., they will need care as well. Please include them in your plans. Outside animals count too, and whether they are outdoor cats, dogs, rabbits, etc., or any other type of farm animal, they are all equally deserving of inclusion in your help and planning in an emergency. Take the time to research the best plan of action for livestock.

Love And Patience

Be patient with your animals before, during, and after a disaster, as it can be a major upheaval for everyone involved. Keep in mind that your pets will be stressed, probably even more so than you are, as they can't understand your explanations. When handling them during a disaster know that they may act uncharacteristically because of stress, so handle them not only with kindness, but with caution, so they can't escape or possibly even hurt you unintentionally. If behavioral issues arise afterwards as a result of the disaster, help them to work through these issues with love and patience, always remembering how fortunate you are to still have them in your life!



The Adventure's of Gary

Hey there! Allow me to introduce myself! My name is Gary and I am an exceedingly handsome three-year-old, neutered, cream, tabby cat.

I'm waiting by the door. It's 7:20 in the morning and I should already be outside checking things out. Mommy is being awfully slow this morning. Oh, there she is! Finally, aaaaand I'm out of here. Why is Mommy going out to the garage? I better check to see what is going on. Hmm... she is taking a big wire kennel into the house. There must be a new arrival coming. If she is having to put a kennel in there, there must be something wrong. I have to check this out. Mommy is disinfecting the kennel and covering it with a big blanket. Now she is getting food, water and litter to put in it. Hmm... I have to see what's going on. She has gone off to clean the litter pans for all my other kitty friends that stay in the sanctuary. For now, I will have to wait and see what's going on.

I better go back outside to finish my rounds on the property. Oh, the phone is ringing. Everyone has to phone at the gate to gain entry. I will see if Mommy is going to the gate. Yes, she is, so I better go along to see what's happening. She is letting someone in and telling them to drive around back. She tells them she will meet them back there. I better go back with her. After all, as the ambassador for the Foundation, it is my duty to greet whoever comes.

There is a nice lady there and she has a small orange cat in a carrier. They went into the adoption centre, where I am not allowed to go into, to do the paper work. It wasn't very long before the lady was on her way and mommy was taking the kitty into the sanctuary. I better check on this.

Mommy takes out a beautiful full grown, but very small,

orange kitty and puts it in the kennel upstairs with all the other kitties. That means this kitty is going to need some time to get used to things. I better introduce myself.

"Hi! My name is Gary, what's yours?"

"I don't have a name."

"How come?"

"The people that had me didn't give me one..."

"How old are you?"

"I am four years old."

"How come you are here at the sanctuary?"

"I came from a terrible home. They were so mean to me there. They had three other cats, a dog and two kids, and they all picked on me, beat me up and terrorized me. Any time I wanted to eat or go to the litter pan there was always someone there to pick on me. They encouraged the dog to chase me, the kids were so rough and mean. The other cats would pick on me and beat me up and the owners thought this was fun."

"Please don't cry! You are safe now. You can stay here with us. Mommy will love you and you will always have enough food and water here. We even have our very own vet who comes to see us on an ongoing basis! You will be loved and cared for. We'll take really good care of you and we won't hurt you like the others did, I promise!"

"I'm so scared. I am afraid of every thing because I have been so hurt. I just can't trust anyone..."

"You can trust Mommy. That's why she has given you your space to be safe for now. And, you can still be a part of the family while you get to meet the rest of us, and you can learn what goes on around here day to day. Mommy won't rush you either, she knows you have had a terrible life and she will let you have your safe place until you get your confidence. It will drive Mommy crazy though - having the kennel in the living room - but she will be alright
.... continued on page 11

The Adventure's of Gary, cont'd

with it because she wants you be become a part of our household and family. I was not sure when I came if I could trust anyone again, but I learned to trust Mommy and I love her to death. She is my best friend and she loves everyone here and takes good care of us all. When you feel up to it I will show you around! How does that sound?"

"I am never coming out of my safe place because I will be hurt again."

"Take your time you will see that things are very different here."

2 months later

"The door to your kennel has been open for a month now. Why haven't you come out yet? Don't you want to look around? I know you have toys of your own and that you now rub noses with some of us, but you need to venture out a bit."

"I am afraid to go too far in case some one chases me."

"But no one has chased you or picked on you since you have been here."

"But they did for four years... I am going to give it some more time. I do love Mommy though; she is so good to me. She gave me this chirping bird toy and it is my favorite!"

"I know; we hear it all night long when we are trying to sleep. Well, I have to go now and do my job but I will be back later to see you."

"Okay, thanks."

Finally, after all this time we named her Sally. She is finally venturing out of her kennel, but not very far. She has gone down the hallway and into the kitchen a bit. Mommy has her kennel mostly uncovered now so she can see everything around her too. She is gradually gaining her confidence after her terrible, abusive life and she is learning she is safe with us. Mommy says it will be a long time before we can take the kennel away but everyday she is taking baby steps and gains more and more confidence and that is what is important. I know Mommy, and she will get Sally living a normal cat life soon, but she will give her all the time that she needs.

News!



June 9, 10, 11, 2016

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for choosing us as your charity in May!



Nikki Slade

Pussywillowcrochet operates as a not-for-profit store that donates all money from sales (excluding shipping) to various nonprofits / charities.

I crochet vintage and vintage-inspired lace doilies along with smaller crocheted items such as coasters, lace trim and edgings, bracelets, headbands, sachets, bookmarks, and appliques.

Organizations Pussywillowcrochet has previously fundraised for include: Katie's Place Animal Shelter (www.katiesplaceshelter.com) Arnprior & District Humane Society (www.arnpriorhumanesociety.ca)

www.etsy.com/shop/pussywillowcrochet

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Please contact Marjorie at 780 963 4933

Your new cat requires food, care and attention throughout it's life. The estimated annual costs of your new cat are:

- Food (Dry, Canned & Treats).. \$400
- Litter \$200
- Vet Checkups/Vaccines \$200
- Total annual costs..... \$800**

You will also need:

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- Litter Pan & Scoop..... \$ 50
- Brush & Comb \$ 45
- Interactive Toys & Other Toys..\$150
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Total first year cost: \$1520

Adoption Fee \$175
+ Other Items \$545
+ Annual Care \$800



I am a
FOREVER CAT

If you cannot
promise forever,
I am not your cat!

- I am NOT an until you...
- ... "get bored" cat
 - ... "find a boy/girlfriend" cat
 - ... "think I'm too old" cat
 - ... "have to move" cat
 - ... "have a baby" cat
 - ... "get a new kitten" cat.

I am a
FOREVER CAT



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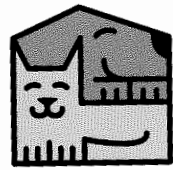


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WHO WE ARE

Hervey Foundation for Cats
A Little Bit of Kitty Heaven on Earth

MEWSLETTER

PRESIDENT/FOUNDER

MARJORIE HERVEY

info@herveycats.com

DESIGN | info@creativecolor.ca

PRINTER | dan@creativecolor.ca

I am an Animal Rescuer

A RESCUER'S CREED

I shall be a believer of all that is good in man and of all that is deserving in animals.

I shall plead for their lives, campaign for their safety and uphold their right to a natural death.

I shall seek out the injured and the maimed, the unloved, and the abandoned and tend to them in their last days.

I shall not forget their place in the hierarchy of life, nor that we walk in each other's paths.

I shall bear witness to the wonder they bring to our lives and to the beauty they bestow upon our souls.

I shall renew their spirits when they are waning, bind their wounds when they bleed, cradle them when they whimper, and comfort them when they mourn.

I shall be near them in their hour of greatest need a companion and friend when the time has come.

I shall watch over them and console them and ask that the angels gather them in their arms.

From the creatures of the earth I shall learn the fruits of compassion & undying love, and I shall be called the beloved of God.

In their company I shall indeed be blessed.

- by Susan M. Pearson

The Foundation operates a no-kill facility - euthanasia as an option only when the animal cannot enjoy a reasonable quality of life.



— Our Mission —

To care for cats in dire need and give our less fortunate feline friends a warm, loving and caring environment that allows them to live out their lives. To attempt to find loving homes for cats and kittens that come into our care. To promote responsible pet ownership through public education, early spaying and neutering programs and promoting other care programs.



It takes 450^{lbs} of dry cat food, 75 cases of canned food and 800^{lbs} of litter EVERY MONTH to take care of the hundreds of stray, abandoned and unwanted cats and kittens that The Hervey Foundation for Cats takes in at their facility each year. Many of these animals find new homes – but many fall into permanent care at our facility.

With costs in excess of \$5000 every month the Foundation needs the continued support of the caring public to carry out our mission.

The Foundation is a registered non-profit Charitable Organization in Canada and Alberta:
C.R.A. # 899091128 RR0001 Alberta Charitable Organization License # 310154.

ALL DONATIONS MADE TO THE FOUNDATION ARE TAX-DEDUCTABLE!
Financial donations may be made by mail, phone, E-Transfer, Visa, Mastercard, ATB Cares.com, paypal, or Canadahelps.org!

ALL DONATIONS WELCOME
CALL MARJORIE 780.963.4933

The Foundation was founded by Marjorie Hervey in 1998 to provide care and loving homes for the unwanted, un-cared for and abandoned cats that fall into our society. She used her family inheritance and more to start and establish The Foundation. Since that time over 3,000 cats and kittens have come into our care and most have found good, loving homes. The balance stay with us to live a quality life.

The Foundation's prime objective is to offer either a temporary or long-term place of protection for injured, unwanted, homeless and abused cats.

In line with this philosophy is the concept of HOMING - this means that we provide homes for these animals - either a new loving, caring home or permanent home at our facility for the cat to live a Quality Life for the remainder of it's life.

We provide a means of finding suitable loving and caring homes for these cats. In addition, we promote and educate the public on the proper treatment of cats.

Our primary concern is the cats under our care. Great precautions are taken to avoid introducing illness. For example, in the situation involving a typical member of the family our procedures would be as follows: Cats that come into our care are taken to an Accredited Veterinary Clinic where, at the cost of The Foundation, the animal would be examined and Feluk tested, spayed or neutered, micro-chipped, dewormed, vaccinated with the 4 way combination vaccine and Feline Leukemia and Rabies (if old enough). Its ears would be checked for ear mites and treated. The cat is then transported to our facility. It is placed in isolation for observation for 4 to 5 days. If any symptoms develop that needs attention, then the cat is treated. Assuming all is well, the cat is placed up for adoption to find it a good home. The cats in our care are not caged but are free to enjoy an home atmosphere. If it clear that a new acquisition could not be adopted for some reason or another, it is made to feel at home, is given a name, and it becomes assimilated into our family.

The Foundation is unique throughout all of Western Canada. The reason is quite simple. No person has the patience and the devotion that Marjorie has for the cats.

We are grateful for anything you can give! Every dollar helps!

The Foundation is powered by volunteers - there are no paid employees of the Foundation, nor do the owners/directors receive any remuneration - all funds are used for the care of the animals and operation of the Sanctuary.

your donations make a difference!

Our main source of funds is YOU... your support helps us continue to care for cats!



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Our Mission is three-fold

Our 1st Mission is **RESCUE**

We give each cat immediate medical care. Each is spayed or neutered, fully vaccinated, dewormed, microchipped, tested for Feline Leukemia & FIV, and rehabilitated physically and psychologically. We find loving homes for those who can be adopted. The rest live out their lives in peace and dignity in our family.

Our 2nd Mission is **REHOMING**

finding good, loving and caring homes for those cats that are adoptable. Being a private Foundation our screening procedures are strict to ensure that our cats will receive the best care possible.

Our 3rd Mission is **EDUCATION**

We educate people to have compassion and respect for all animals. We promote that an animal is a lifetime commitment - we advocate early spaying & neutering as a solution to the overpopulation of animals and recommend Micro-chipping of all animals for identification should they stray.



YES! I would like to join the **"SHARE THE CARE" monthly donor program.** Through this program you can help to feed, care and house these cats, that for health or other issues are un-adoptable. **These animals live in a home like environment at our facility.**

Would you like to receive email updates/and or newsletters?
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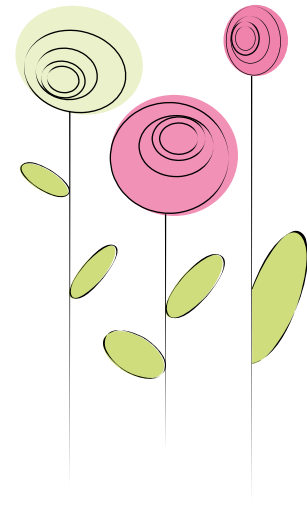


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The Team behind the scene !

A special thank you to Mike Roy, Rebecca, Maryanne Maitland, Tammy Francis, Margaret McDaid, Creative Color, and Places Less Travelled Ltd. for the Purcell Mountain Lodge Get-Away!!

