

MEWSletter



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difference!

Our main source of funds is YOU...
your support helps us continue to care for cats!

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15508 87 Avenue
Edmonton, AB
780.705.3556
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Fellow cat lovers, Drs Kris and Jennie Stepney of LiveWell Family Chiropractic, recently made their third annual donation to the Hervey Foundation for cats. The money is raised every year at their anniversary party, where they donate all of their earnings from that day to the foundation. It is always the busiest day of the year in their clinic!

Our Mission is three-fold

Our 1st Mission is **RESCUE**

We give each immediate medical care. Each is spayed or neutered, fully vaccinated, dewormed, microchipped, tested for Feline Leukemia & FIV and rehabilitated physically and psychologically. We find loving homes for those who can be adopted. The rest live out their lives in peace and dignity in our family.

Our 2nd Mission is **REHOMING**

Finding good, loving and caring homes for these cats that are adoptable. Being a private Foundation our screening procedures are strict to ensure that our cats will receive the best care possible.

Our 3rd Mission is **EDUCATION**

We educate people to have compassion and respect for all animals. We promote that an animal is a lifetime commitment — we educate every spaying & neutering as a solution to the overpopulation of animals and recommend Micro-chipping of all animals for identification should they stray.



(From: Cathy Ferchau, Chair of Forest Heights School Council)
This donation is being made on behalf of the Forest Heights School Council in honour of "Oma Antje" for 10 years of dedicated volunteer service. During this time, she has spent countless hours reading to students one-on-one and in groups, writing encouragement notes, baking and sharing cookies with the children and helping in a variety of other ways. She has left an indelible mark on the lives of so many. To show our thanks and appreciation for all she's done, the Forest Heights School Council makes this donation to one of her favourite charities, The Hervey Foundation for Cats.

A sincere thanks to Rosslyn Veterinary Clinic for their wonderful care they gave our cats. Thanks to Creative Color for all the wonderful work they do for the Foundation. And especially to YOU, our wonderful, generous supporters. Without you, the Hervey Foundation could not continue on with our lifesaving work for the kitties!!!

A special thank you to Carrie, formerly of West Henday PetValu for helping us find Furr-Ever homes for our kitties.

MARJORIE'S MESSAGE



Dear Supporters,

Welcome to the Winter/Christmas Newsletter!

Well, here we are coming to the close of another year. I don't know where the time goes. It's hard to believe these 17 years we have had the Foundation have gone by so quickly. And now, we are looking forward to the next 17 years!

Well, this has been a busy year with many adoptions taking place through PetValu in St. Albert and West Henday. Many kitties were adopted into wonderful, loving homes. Our Easter event at St. Albert PetValu was particularly successful. Again, many kitties were adopted out because of the exposure from the event. Our dinner and silent auction soon followed and was a huge success. A lot of great feedback was received about how much everyone loved the Italian Cultural Center as our new venue. We also broke our record for attendance at over 100 guests. The meal was very good and the auction items were well bid on. We are already receiving items for the coming auction in May and have again booked the same place. Circle your calendar for May 7, 2016 and join us for a fun evening and great way to support the Foundation and the cats and kitties in our care.

Summer found us doing our usual work, providing ongoing care for the cats and providing education and advice on the phone for the people having issues with their cats or strays that might be around. There are so many good people out there that care and do their bit helping to right the wrongs of so many others who feel cats are disposable, and can either take care of themselves or be

left for nature to take its course.

We have welcomed a new Board Member, Maryanne to our fold. She brings a wealth of business experience, in addition to her compassion for the Foundation's work, and has already been a much appreciated addition to our organization. We would also like to congratulate our friend Margaret for being awarded the Kathy Byram Humanitarian Award for the work she does with our Foundation. Margaret is a long time Board member and our tireless kitty and cat chauffeur who travels all over to various Cat shows, events and pet stores to help our adoptable friends find their new homes.

We want to thank the Hermitage Veterinary Clinic for inviting us to join them for their annual customer appreciation night last month. It was well attended and a lovely evening. We had three kittens there for people to meet and hopefully it will help them to find their Furr-Ever homes. We look forward to the event next year. There are so many others to thank for all the wonderful things they do to help the Foundation. Morinville Vet Clinic for helping to facilitate adoptions for us, the fantastic care all our kitties receive from the staff at the Rosslyn Vet Clinic, the great staff that helped find homes at PetValu; Bob who brings in our cat food and food donations, the Foundation's Board members who I rely on to give advice as needed, Dan and Della at Creative Color who go above and beyond expectations to produce our

newsletter, facebook, web page, and more, and to Heather our volunteer who has been a wonderful help with all the cleaning here at the Foundation these past few months.

And yes, it is now official, Alberta is hurting economically once again, and that means cats and kittens are more vulnerable than ever as so many people are finding it difficult to maintain their care. During these difficult times I want to thank all of our many friends who have been able to continue making us a priority with their ongoing financial support. Your donations are instrumental in the running of the Foundation and all contributions, no matter how big or small, are very much appreciated. I, Marjorie, our Board of Directors, and our feline friends at the sanctuary want to wish everyone a very Merry Christmas and Happy Holidays as we look forward to the New Year with you. Please remember we could not do this without your help.

Marjorie Hervey



CAT WISH LIST

WE ARE ALWAYS IN NEED OF:

GIFT CARDS for G & E Pharmacy, Canadian Tire, Walmart & Superstore help us buy much needed pet and cleaning supplies.

CLEANING SUPPLIES

- Pinesol
- paper towels
- garbage bags
- bleach
- Tide detergent (no lemon scent)

CAT FOOD

- Baby food (pref. chicken with broth)
- Friskies canned cat food
- IAMS Dry cat food

CAT SUPPLIES

- Cat litter deodorizer
- Jumbo litter pans

CAT ENJOYMENT

- Kitty toys
- Scratching posts
- Turbo scratchers
- Cat beds
- Kitty condos

All donations are appreciated!

THE FELINE ART OF PLAY!

By Patricia Allyn

“Time spent with cats is never wasted.” – Sigmund Freud

One of the many delightful qualities about cats is that no matter how old they are, they all have a bit of kitten left inside of them, emerging whenever an opportunity arises to spark their interest, or perhaps if you bring out that special toy!

Cats are as unique in their tastes, abilities, quirks and desires as are their human counterparts. They range from athletic superstars to couch potatoes; from chasing anything that moves or is movable, to having very particular tastes in what they play with; and every imaginable possibility in between. No matter what their personality, all cats benefit from both interactive and individual play, and even the most sedate of cats will begin playing more with the right toys, techniques and encouragement. As a cat guardian you have the pleasurable duty of helping to nurture your kitty's unique preferences and abilities in respect to playtime!



Ancestrally, cats were predators - always on the lookout for their next meal, often cruelly playing with their food before eating it. Their days consisted primarily of hunting, eating, and sleeping in preparation to hunt some more. The lives of felines have changed immensely as they've become beloved members of our families and households, yet instinctually, they haven't changed that much.

Play is very important to the well being of your feline friends, both physically and mentally. Although it is great fun for everyone, it is so much more than just fun for your cat. Some of the benefits of regularly scheduled play sessions include the fact that you'll be strengthening the bond not only between you and your cat/s, but between your cats themselves; your cats will be staying active and healthy; your cats will be keeping busy, engaged, and satisfied; and they will be gaining in confidence. An added benefit for yourself is that you will receive endless smiles and warm fuzzies as you watch and take part in their play!

A REMARKABLE BOND BETWEEN TWO FRIENDS ...

Play helps to form a bond between not only you and your cat, but if you have multiple cats, it will deepen the bond between your cats themselves, even alleviating tension arising out of social conflict between cats. You and your cats will come to look forward to playtime. You may start to notice that around the usual time of your play session, your cats will start to congregate in anticipation. Once they hear you get out the toys or other sounds associated with the routine, they will certainly begin to gather around, if they haven't already. They'll appreciate having your full attention dedicated solely towards their pleasure for this special time. By the end of your play session everyone will be happy, satisfied, and have a better appreciation of life and each other!

Hold regular daily interactive play sessions where you can encourage your cats to play, yet allow them to keep their distance from each other if necessary, by directing this play. The use of laser lights and fishing rod types of toys such as "Da-Bird" are great for this purpose. When used in a meaningful manner, you can involve a roomful of cats, yet keep them separated, just by where you direct the toy, giving each cat a turn for inclusion, and avoiding confrontations if necessary. When you have cats that don't necessarily get along so great, play can help to build a positive bond between them over time. If your cats are getting along fairly well, this is a terrific way to reinforce their good feelings in their relationship with each other.

If you have two active cats that get along well, that is wonderful for them, as they will have interactive play with each other, anytime they so desire. However, this is not to detract from your interactive playtime with them, as it will still greatly be to their advantage to hold regularly scheduled play sessions.

KEEP ACTIVE AND HEALTHY!

We think we're being kind by allowing our cats to eat as much as they want, whenever they want. Unfortunately, with our love and good intentions, we are doing our cats a disservice, and often they take advantage of our generosity, becoming overweight and lazy along the way.

We love our cats and want the best for them. We also want them to be with us for a long time – healthy and living a good quality of life. The two most important ways you can contribute to their health and longevity is through 1) food and establishing good feeding habits, and 2) exercise – in other words play/activity. Like humans, when cats are eating healthy, are both physically and mentally active, and at a desirable weight, they are more likely to stay that way, and for longer.

If you have an overweight cat, research the subject (speak to your vet, google online, find a pet supply store you trust, etc.) and get your cat onto a healthy eating plan. Simultaneously, start an exercise program, beginning with shorter play sessions. As their strength and stamina increases, increase the length and number of play sessions.

THE FELINE ART OF PLAY! cont'd

"I CAN'T GET NO SATISFACTION ..."

Although our cats are no longer the almighty hunters their ancestors were, they still have an inner urge, which must be fulfilled. Interactive play can do just that! It will help to relieve them of anxiety and aggression, and contribute to a higher quality of life.

Play will keep your cat busy and engaged, and will prevent boredom. Play will allow your cat fun and excitement – the "thrill of the kill", if you will. It is a positive outlet for energy, which may otherwise manifest in negative behaviours. You may see negative behaviours disappear, or even prevent them from ever happening in the first place!

CONFIDENCE - YOU CAN NEVER HAVE TOO MUCH!

Play greatly contributes towards building a cat's self-esteem and confidence. Whether your kitty is already feeling self-assured, or if they are fearful and timid, play will help them all to feel better about themselves.

When you have a scared cat or kitten, play is so very important, and one of the best tools you can use to work towards increasing their feelings of confidence. Start with gentler, slower moving toys, such as gently dangling a fishing rod type of toy or even a shoelace, rather than waving the toy around too much too soon, which may overwhelm them. Work your way up to more activity, based on how your cat/kitten responds. Through play, help them to feel like they are on top of the world – the "king" or "queen" of their castle!

THE HOWS AND WHYS OF INTERACTIVE PLAY ...

The purpose of interactive play is to simulate the act of hunting and killing prey, by using the toy to mimic the actions of a bird or small rodent. Alternate your movements - making the "prey" scurry across the ground erratically, hop around, hide behind or on something, jump, change speed and direction, or even fly through the air. Let your cat catch the prey sometimes, then make the prey struggle free, and begin all over again. When your cat is showing signs of slowing down, allow him one last grand kill before ending the game, and then exchange the prey for a handy favourite treat. There you have it – a successful hunt!

Your goal will ultimately be to hold two 15-minute play sessions each day. At first, your cats may only last a few minutes before they lose interest or get tired. That's ok in the beginning, as they may require some time to adjust. Sometimes it just takes finding that one special toy to get your cat engaged, or possibly the right time of day. Don't give up if things are not working out at first, but rather try different approaches to see what generates interest. Experiment with different rooms, different levels of lighting (remember, in the wild cats would often hunt in the dark), varying toys, time of day, adding props such as boxes or tunnels, etc. Late afternoon is always a good time for a play session, after which they will have worked up a good appetite for their dinner meal. Observe your cat and notice the times of day when he naturally becomes more active. Challenge your feline friend – don't make it too easy, especially as he becomes an advanced "hunter"! Once you have somewhat of a routine worked out, stick to the basics, but don't be so rigid that there is no room for flexibility or spontaneity.

After the game is over, put your interactive toy away so that it doesn't lose its magical appeal for your cat by lying around appearing unrealistic, readily available yet never moving. In addition, any toys with strings and feathers should never be left lying around as they can become deadly for cats if ingested in part or whole. Have a variety of interactive toys, which you can rotate so your cat doesn't get tired of "catching" the same toy all the time.

EXCITEMENT IN THE MIDDLE OF THE NIGHT!

Cats are semi-nocturnal animals. This means that in the wild they would be more active during the night than in the daytime hours.

Years ago I had a very special black boy called Cedric, who woke me throughout each and every night, wanting to play. He loved the "thrill" of having me (not so happily) chase him through the darkened house, hiding from me until I gave up and went back to bed, only to begin again once I was sound asleep. Eventually I found that if I played with him good and hard late in the evening, he was tired, happy, and content to sleep like a baby through the night!

SOME OF MY FAVOURITE TOYS FOR INTERACTIVE PLAY:

- "Da-Bird" – this is my all-time favourite toy and most cats can't resist either! Made to resemble bird-like movement, it spins through the air similar to a fishing lure through the water, even making bird-like noises as the wind goes through the feathers (refill feathers are available);
- "Cat Dancers" – a wire with twisted paper on the end - so simple and yet so much fun! It resembles a flying bug flitting around (curls up small for easy storage);
- Fishing rod types of toys – my favourite by far is "Go Cat Teaser Cat Catcher Wand" with a little replaceable mouse at the end of a flexible wire string;
- Feather boa wands – I find even the least playful of cats will soon begin batting at one of these;
- Laser light – lots of cats love chasing the laser's red dot, however make sure you never shine the light in your cat's eyes as this could potentially damage them. When you are finishing up with the laser, switch to something that your cat can actually grab onto and "kill", to complete the game, and then end with a treat as usual.

THE FELINE ART OF PLAY! cont'd

DON'T FORGET ABOUT INDIVIDUAL PLAY ...	IN A CLASS OF THEIR OWN ...
<p>Cats also need to have an assortment of enticing and stimulating toys that they can have fun with whenever they choose to play. This will help relieve boredom while you're out at work, or whenever their desire to get frisky arises. Once again, rotate the toys so your cat doesn't get tired of "catching" the same one all the time.</p> <p>Some great ideas for individual play toys:</p> <ul style="list-style-type: none"> • Small catnip or honeysuckle filled pillows or mice. Some even have little Velcro pockets to put fresh catnip in every so often; • Larger catnip or honeysuckle kick-toys for grabbing onto and wrestling or "kicking" with their rear feet; • Ping pong balls, jingle balls, foam balls, crinkle balls, etc.; • Tunnels, boxes, paper bags; • "Turbo Scratcher" - has a ball that cats bat around a track, circling a cardboard scratchpad in the center; • "Cat's Meow" - (battery operated) has a mouse's tail, which sticks out from below a piece of fabric and moves in random and unpredictable directions; • Freebies - plastic rings from milk jugs, pipe cleaners, balls of paper, fabric covered hair elastics, etc.; • Toys with a high "flickability" factor 	<ul style="list-style-type: none"> • In every cat's home there should be at least one tall cat tree placed in a sunny window! This can be used for napping, scratching, climbing, bird watching, and playing on. Invest in a good quality, tall, multi-level, sturdily built tree with wide platforms and possibly a hidey-hole for curling up in. It is a great investment as it will be well used and well-loved by your cat and will last a lifetime. • A birdfeeder and/or birdbath placed in your yard near to a window will create a birdwatcher's paradise for kitty! Help protect the birds by putting stickers or gel clings (spaced fairly closely) up on your window so birds don't fly into the glass and die. You could also try hanging a wind chime outside the window, or google for more ideas on prevention. • Food and treat puzzles are great for leaving out sporadically. These stimulate your cats mentally as they puzzle over how to get the treats out. Look around for some interesting styles, and as you gradually purchase more, you can rotate them out for interest. You can also make simple treat puzzles yourself, and create a game similar to an "Easter egg hunt" for your cats. Gather boxes, toilet paper tubes, opened upside down books, etc., (use your creativity) and hide one or two treats in each location. Your cats will soon catch on to these activities with enthusiasm! • Catnip - some cats do not need catnip, and even tend to get over stimulated from this herb - in this case less is more. Some get a temporary boost of energy, some just want to roll around in the flakes and mellow out, and yet others may not be affected at all. It's fun, but not something they need daily. Try growing a patch out in your garden next spring!
BE ALERT! (THE WORLD NEEDS MORE LERTS!)	ROUGH PLAYERS AND ANKLE BITERS
<p>Whenever buying new toys try to look from the perspective of a cat, for something your cat may take an interest in. Be preventative and watch out for certain hazards, many of which may become deadly to your feline friends. Toys with strings, elastics and feathers should never be left laying around as they can become deadly for cats if ingested in part or whole, and regularly inspect all your cat's toys for damage. Plastic bags can pose a threat in that your cat could eat some of the plastic (my old boy Cedric used to like gnawing on the heavy plastic film from Huggies diaper bags - the instant I left one out accidentally, he knew about it and was soon chewing away at it). Cats are quirky creatures, and it's very important for you to know your cat's unusual tastes so that you can kitty proof for those dangers. One added note - just because a toy is bought packaged, as a "cat toy" does not mean it's necessarily safe for your cat.</p> <p>Avoid toys, which have:</p> <ul style="list-style-type: none"> • Small parts your cat may pull off and ingest; • Feathers which may get eaten and lodged in your cat's throat or stomach; • Elastics, strings or ribbons which can be ingested and become tangled in your cat's intestines; • Small pompoms which can be ingested or larger pompoms which may fall apart; • Tinsel or "curling" ribbon, which can cut the insides of their mouth or eyes, or be ingested <p>Never use fingers, hands or toes as toys, and definitely never "wrestle" with your cat. As much fun as you may think your cat is having, what you are actually doing is encouraging rough play. What may appear to be cute in the kitten stage is not as cute as your cat grows, will only intensify over time, and is an extremely hard habit to break. In fact, this habit often labels cats as "unadoptable" in shelters.</p> <p>***Another consideration - if you have a dog, keep in mind the fact that dogs have often been known to munch on small cat toys, which can pose a major hazard to their health and well-being.</p>	<p>So you have a "rough player" in your family. Try to break your cat of this behaviour - the sooner the better. Absolutely never encourage or reward rough behaviour. Never use fingers, hands or toes as play toys. Redirect any rough play behaviour by giving your cat a positive choice - an appropriate toy such as a wand toy, laser light, etc. Wear your cat out with play!</p> <p>If your cat likes to lie in wait, jumping out at you and grabbing onto your ankles, you need to be proactive and always be prepared for being ambushed in the locations where you know your cat likes to strike. Have an acceptable toy ready to redirect your cat's focus and energy - a wand toy, once again, is ideal. Praise and reward your cat when he displays good behaviour. Be consistent in your efforts.</p> <p>If your toy isn't working to break this habit, try using a well-aimed (not in the face), well-timed, squirt from a water bottle (once again, keep this handy for "high-probability" ambush locations) or a squirt from an air canister. These methods have proven very effective, and you will not need to use them for a great length of time.</p> <p>It's very important to take advantage of the cuddly times with your cat - the cuddliest times for most cats are upon first awakening in the morning or after a long nap, as well as just before mealtime, especially the first one of the day. Eventually these cuddly times will become longer and more frequent.</p>
<p><i>Make the most of your relationship with your feline friends - put forth a little extra effort, and everyone wins - happiness, satisfaction, a close loving relationship, and a mutually rewarding lifetime full of smiles and warm fuzzies!</i></p>	

PEOPLE FOODS PETS SHOULD NEVER EAT

This list from the ASPCA Poison Control Center isn't exhaustive, but it's a great place to start. Share it with adopters and post it on your social media channels to help keep your community's pets safer!

CHOCOLATE, COFFEE, CAFFEINE

These products all contain methylxanthines, which are found in cacao seeds. When ingested by pets, methylxanthines can cause vomiting and diarrhea, panting, excessive thirst and urination, hyperactivity, abnormal heart rhythm, tremors, seizures and even death.

ALCOHOL

Alcoholic beverages and food products containing alcohol can cause vomiting, diarrhea, decreased coordination, central nervous system depression, difficulty breathing, tremors, abnormal blood acidity, coma and even death.

AVOCADO

The leaves, fruit, seeds and bark of avocados contain persin, which can cause vomiting and diarrhea in dogs. Birds and rodents are especially sensitive to avocado poisoning, and can develop congestion, difficulty breathing and fluid accumulation around the heart. Some ingestions may even be fatal.



MACADAMIA NUTS

Macadamia nuts have caused weakness, depression, vomiting, tremors and hyperthermia in dogs. Signs usually appear within 12 hours of ingestion and last approximately 12 to 48 hours.



GRAPES & RAISINS

Although the toxic substance within grapes and raisins is unknown, these fruits can cause kidney failure. In pets who already have certain health problems, signs may be more dramatic.

YEAST DOUGH

Yeast dough can rise and cause gas in an animal's digestive system. This can be painful and can cause the stomach or intestines to rupture. Because the risk diminishes after the dough is cooked and the yeast has fully risen, pets can have small bits of bread as treats. However, these treats should not constitute more than 5 percent to 10 percent of daily caloric intake.

RAW/UNDERCOOKED MEAT, EGGS & BONES

Raw meat and raw eggs can contain bacteria such as Salmonella and E. coli. In addition, raw eggs contain an enzyme called avidin that decreases the absorption of biotin (a B vitamin), which can lead to skin and coat problems.

XYLITOL

Xylitol is used as a sweetener in many products, including gum, candy, baked goods and toothpaste. It can cause insulin release in most species, which can lead to liver failure. The increase in insulin leads to hypoglycemia. Initial signs of toxicosis include vomiting, lethargy and loss of coordination. Signs can progress to recumbancy and seizures. Elevated liver enzymes and liver failure can be seen within a few days.

ONIONS, GARLIC, CHIVES

These vegetables and herbs can cause gastrointestinal irritation and could lead to red blood cell damage. Although cats are more susceptible, dogs are also at risk if a large enough amount is consumed. Toxicity is normally diagnosed through history, clinical signs and microscopic confirmation of Heinz bodies. An occasional low dose, such as what might be found in pet foods or treats, likely will not cause a problem, but pets should not be given large quantities of these foods.



MILK

Because pets do not possess significant amounts of lactase (the enzyme that breaks down lactose in milk), milk and other milk-based products cause them diarrhea or other digestive upset.

SALT

Large amounts of salt can produce excessive thirst and urination, or even sodium ion poisoning in pets. Too much salt can cause vomiting, diarrhea, depression, tremors, elevated body temperature, seizures and even death.


CANADIAN TIRE MONEY



With an on-going need for cleaning supplies, garbage bags and other essentials, your donation of Canadian

Tire money helps us out tremendously! Send your Canadian Tire Money to
Box 12 Site 200 RR2,
Stony Plain, AB T7Z 1X2

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17 Plants Poisonous to Pets

Some of the prettiest household decorations can be the most lethal to pets. To help safeguard the animals in your community, share this list from the ASPCA Animal Poison Control Center with adopters and post it on your social media channels.

LILIES

Members of the *Lilium* spp. are considered to be highly toxic to cats. Even ingestions of very small amounts of the plant can cause severe kidney damage.

MARIJUANA

Ingestion of *Cannabis sativa* by companion animals can result in depression of the central nervous system and coordination problems, as well as vomiting, diarrhea, drooling, increased heart rate, and even seizures and coma.

SAGO PALM

All parts of *Cycas Revoluta* are poisonous, but the seeds or "nuts" contain the largest amount of toxin. The ingestion of just one or two seeds can result in very serious effects, which include vomiting, diarrhea, depression, seizures and liver failure.

TULIP/NARCISSUS BULBS

The bulb portions of *Tulipa/Narcissus* spp. contain toxins that can cause intense gastrointestinal irritation, drooling, loss of appetite, depression of the central nervous system, convulsions and cardiac abnormalities.

AZALEA/RHODODENDRON

Members of the *Rhododendron* spp. contain substances known as grayantoxins, which can produce vomiting, drooling, diarrhea, weakness and depression of the central nervous system in animals. Severe azalea poisoning could ultimately lead to coma and death from cardiovascular collapse.

OLEANDER

All parts of *Nerium oleander* are considered to be toxic, as they contain cardiac glycosides that have the potential to cause serious effects that include gastrointestinal tract irritation, abnormal heart function, hypothermia and even death.

CASTOR BEAN

The poisonous principle in *Ricinus communis* is ricin, a highly toxic protein that can produce severe abdominal pain, drooling, vomiting, diarrhea, excessive thirst, weakness and loss of appetite. Severe cases of poisoning can result in dehydration, muscle twitching, tremors, seizures, coma and death.

CYCLAMEN

Cyclamen species contain cyclamine, but the highest concentration of this toxic component is typically located in the root portion of the plant. If consumed, Cyclamen can produce significant gastrointestinal irritation, including intense vomiting. Fatalities have also been reported in some cases.

KALANCHOE

This plant contains components that can produce gastrointestinal irritation, as well as those that are toxic to the heart, and can seriously affect cardiac rhythm and rate.

YEW

Taxus spp. contains a toxic component known as taxine, which causes central nervous system effects such as trembling, coordination problems and difficulty breathing. It can also cause significant gastrointestinal irritation and cardiac failure, which can result in death.

AMARYLLIS

Common garden plants popular around Easter, Amaryllis species contain toxins that can cause vomiting, depression, diarrhea, abdominal pain, hypersalivation, anorexia and tremors.

AUTUMN CROCUS

Ingestion of *Colchicum autumnale* by pets can result in oral irritation, bloody vomiting, diarrhea, shock, multi-organ damage and bone marrow suppression. Cont'd on page 9

Top 10 Pet Toxins of 2014

Check out the 10 substances that accounted for most calls the ASPCA Animal Poison Control Center received in 2014.

1. HUMAN PRESCRIPTION MEDICATIONS

Human medications topped the list of calls the APCC received in 2014, and the types of medications closely reflect the most common human prescriptions. Cardiac medications (especially antihypertensives) led the list, closely followed by antidepressants and pain medications.

2. OTC MEDICATIONS

Over-the-counter products had a huge increase in volume, perhaps due to the popularity of herbal and other natural supplements. This category included more than 6,900 different products.

3. INSECTICIDES

Insecticides dropped to third place with 9.1% of the call volume.

4. HOUSEHOLD ITEMS

Household items such as cleaning products, expandable glues, and paints are often accessible for pets and remain a significant concern, accounting for 8.1% of calls.

5. HUMAN FOOD

Dogs love to ingest xylitol, grapes, raisins and onion and garlic. Unfortunately, they don't know that the bite of hamburger bun that was given to them last night was a great treat, but the two-pound bag of grapes on the counter will probably land them in the ER.

6. VETERINARY MEDICATIONS

All the hard work that has been done to make medications more palatable is generally a great thing – except, of course, when pets get into their tasty chewables and eat them all. Ingestions such as NSAIDs, heartworm medications, phenylpropanolamine and joint supplements are still common and accounted for 7.3% of calls.

7. CHOCOLATE

Chocolate ingestion accounts on average for over 26 calls a day! Easter, Halloween, Valentine's Day and Christmas are particularly high-volume chocolate call days for the APCC and for veterinary hospitals.

8. PLANTS

These calls mainly involve houseplants, and accounted for 4.8% of call volume. And while there are plenty of dogs looking to chew on plants, they are even more popular with cats.

9. RODENTICIDES

The category dropped one spot to number nine, with anticoagulants still causing the most concern.

10. LAWN AND GARDEN PRODUCTS

This category rounds out the top 10 at 2.7% of calls. Many exposures were because products weren't stored out of the reach of pets, or pets were allowed onto lawns before treatments were completely dry.

17 Plants Poisonous to Pets, cont'd

CHRYSANTHEMUM

These popular blooms are part of the Compositae family, which contain pyrethrins. If ingested they may produce gastrointestinal upset, including drooling, vomiting and diarrhea. In certain cases depression and loss of coordination may also develop if enough of any part of the plant is consumed.

ENGLISH IVY

Also called branching ivy, glacier ivy, needlepoint ivy, sweetheart ivy and California ivy, *Hedera helix* contains triterpenoid saponins that, if ingested by pets, can result in vomiting, abdominal pain, hypersalivation and diarrhea.

PEACE LILY (aka Mauna Loa Peace Lily)

Spathiphyllum contains calcium oxalate crystals that can cause oral irritation, excessive drooling, vomiting, difficulty in swallowing and intense burning and irritation of the mouth, lips and tongue in pets who ingest.

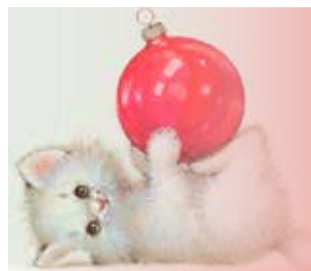
POTHOS

Pothos (both *Scindapsus* and *Epipremnum*) belongs to the Araceae family. If chewed or ingested, this popular household plant can cause significant mechanical irritation and swelling of the oral tissues and other parts of the gastrointestinal tract.

SCHEFFLERA

Schefflera and *Brassaia actinophylla* contain calcium oxalate crystals that can cause oral irritation, excessive drooling, vomiting, difficulty in swallowing and intense burning and irritation of the mouth, lips and tongue in pets who ingest.

Cat's Christmas



The leaves have fallen from the trees.
They blew away and died.
I guess that's why my human pets
have brought a tree inside.

And then they hung up colored balls
and lovely things that dangle,
and colored lights that gleam and glow
and silvery things that spangle.

Such lovely toys for cats to play with,
the stockings! and the wreath!
And boxes wrapped in crinkly paper
piled up underneath.

The paper's just for cats to tear,
ribbons for us to chase.
And the boxes, once they're emptied,
make a snuggly resting place

I think it's sweet each year they give
our furry kind our due,
and deck the halls with kitty toys.
(I hope they have fun, too.)

I hope that as the year goes by,
they too can have such pleasure --
a hearth, a skritch, a skittering squirrel,
warm laps and love to treasure.
Marylaine Block

New Years Resolutions



Well, it's a new year and like my human counterpart, I've made some resolutions. (May I be forced to roll around in catnip all day long if I stray one iota!)

- ① I will remember that some of my human's possessions are NOT toys. (Oops! Caught me!)
- ② I will pay attention to my owner at all times, not just before a meal. I will eat whenever I am hungry, heartily and without guilt, until I am full. When finished, I will lick my chops grandly to indicate that indeed that was the finest meal I have ever tasted.
- ③ I will play with passion. I will rip my toys into shreds whenever possible. I will lose many of them under the sofa. I will also spend many hours and gain much enjoyment from the boxes they come in.
- ④ I will (almost) always use the litter box and not the houseplants.
- ⑤ I will only scratch designated scratching posts.
- ⑥ I will avoid territorial disputes with other cats. (whenever possible)
- ⑦ I will not play Herd of Thundering Wildebeests Stamping Across the Plains of the Serengeti over any humans' bed while they're trying to sleep.
- ⑧ I will not play "dead cat on the stairs" while people are trying to bring in groceries or laundry, or else one of these days, it will really come true.
- ⑨ I will remember computer and TV screens do not exist to backlight my lovely tail.
- ⑩ I will only regurgitate food and fur balls on a tiled surface. I will sleep as much as possible each and every day. The importance of this cannot be overestimated. I will not wake before dawn to play games that require my human's participation, and then incessantly request their presence. I will forget all the above and just BE MYSELF! Lastly, I vow never again to waste precious naptime making New Years resolutions. This delusional practice is better left to humans. We cats have 9 lives to live, thank you very much!



As Christmas time approaches
I look back over the year,
and thank God for my shelter kitty
and the meaning of the season is clear.

My life has so much more purpose
and is so much happier too,
since she gave me all of her love
and made every day brand new.

Her wonderment at the Christmas baubles
brings us both such delight.

She makes me laugh at her antics;
she curls up close to me at night.

She likes the tree and ornaments
and the tinsel and garland too.

She listens to the Christmas carols
and 'helps' with the gift-wrapping I do.

She has brought such love and laughter
and as the year comes to a close...

I treasure my 'pound purrie'.
I'm lucky to have her, Santa knows.

Susan Orloski © (All Rights Reserved)

Christmas Greeting from the Cat



Thank you for the food you bring
and for my little squeaky thing.
Thank you for your friendly talks
and for changing my litter box.

Thank you for the naps we share
and for putting up with all the hair.
Thank you for the things you do,
but mostly thanks for being you.

(What? A cat can't be sentimental?)

MERRY CHRISTMAS!



The Hervey Foundation for Cats and Furr-Ever Homes 🔍



The Hervey Foundation for Cats

Nov 3 @ 7:24 pm

Hi Marjorie. We hope you and all the cats are doing well. I noticed whenever I was working at the computer, Carter liked to jump on the desk and touch the cursor as it moved up and down the page. I decided to look for some cat entertainment videos on you-tube and found this link (there are lots of other animal and laser-chaser games on the right hand side of the same video clip) showing over an hour of sparrows and other birds. He really liked that one, and sat mesmerized for 20 minutes gently touching the screen, poking his little paw behind the screen, smelling it, twitching his tail, looking back at me, and around the corners of the screen for the birds. He's very inquisitive, and has come to watch his cat movie twice now. At this rate, we'll have to buy him his own I-pad! Regards, Gene & Lydia Emanuel

<https://www.youtube.com/watch?v=yB5ADJl5E48>



The Hervey Foundation for Cats

Nov @ 5:30pm

They call me Bubbles. Probably something to do with my personality. Gotta go and play some more.

I have found my Furr-Ever Home!!



The Hervey Foundation for Cats

Oct 24 @ 1:30pm

World, meet Randy. He is a 5 month old, blue tabby and very loving and playful. Thanks to the Morinville Veterinary Clinic. for helping him find his Furr-Ever Home! Isn't that great!



The Hervey Foundation for Cats

Oct 6 @ 1:30pm

Thank you to all our supporters who helped us get the word out about Ramsey. He was recently adopted into his Furr-Ever home from our Adoption Centre. We wish him well!!



The Hervey Foundation for Cats

Oct 6 @ 1:00pm

Joy, Joy, Ileen has found her Furr-Ever home thanks to the great people at Morinville Vet Clinic!!



The Hervey Foundation for Cats

Nov 6 @ 5:30pm

Hansel, Gretel and O'Mally are all looking forward to

finding their Furr-Ever Home very soon!



Thank you for our Furr-Ever Homes!

ADOPTING A HERVEY CAT

The adoption fee is \$175 and includes:



- spay/neuter
- maximum vaccines
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- microchipping
- leukemia/FIV testing
- free checkup with vet
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Please open your heart and your home to one of our amazing cats and give them a second chance at a good life!

Want to adopt?

Please contact Marjorie at 780 963 4933

Your new cat requires food, care and attention throughout its life. The estimated annual costs of your new cat are:

- Food (Dry, Canned & Treats).. \$400
- Litter \$200
- Vet Checkups/Vaccines \$200
- Total annual costs \$800**

You will also need:

- Water/Food Dishes \$150
- Scratching Post..... \$150
- Litter Pan & Scoop..... \$ 50
- Brush & Comb \$ 45
- Interactive Toys & Other Toys..\$150
- Total initial cost \$545**

Total first year cost: \$1520
 Adoption Fee \$175
 + Other Items \$545
 + Annual Care \$800



I am a **FOREVER CAT**

If you cannot promise forever, I am not your cat!


I am NOT an until you...

- ... "get bored" cat
- ... "find a boy/girlfriend" cat
- ... "think I'm too old" cat
- ... "have to move" cat
- ... "have a baby" cat
- ... "get a new kitten" cat.

I am a **FOREVER CAT**

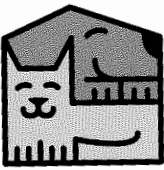


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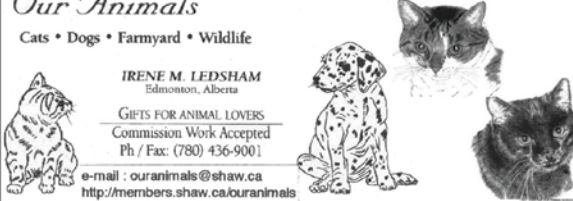
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WHO WE ARE

Hervey Foundation for Cats
A Little Bit of Kitty Heaven on Earth

MEWSLETTER

PRESIDENT/FOUNDER
MARJORIE HERVEY
info@herveycats.com

DESIGN | info@creativecolor.ca
PRINTER | dan@creativecolor.ca

I am an Animal Rescuer

A RESCUER'S CREED

I shall be a believer of all that is good in man and of all that is deserving in animals.

I shall plead for their lives, campaign for their safety and uphold their right to a natural death.

I shall seek out the injured and the maimed, the unloved, and the abandoned and tend to them in their last days.

I shall not forget their place in the hierarchy of life, nor that we walk in each other's paths.

I shall bear witness to the wonder they bring to our lives and to the beauty they bestow upon our souls.

I shall renew their spirits when they are waning, bind their wounds when they bleed, cradle them when they whimper, and comfort them when they mourn.

I shall be near them in their hour of greatest need a companion and friend when the time has come.

I shall watch over them and console them and ask that the angels gather them in their arms.

From the creatures of the earth I shall learn the fruits of compassion & undying love, and I shall be called the beloved of God.

In their company I shall indeed be blessed.

- by Susan M. Pearson

The Foundation operates a no-kill facility - euthanasia as an option only when the animal cannot enjoy a reasonable quality of life.



— Our Mission —

To care for cats in dire need and give our less fortunate feline friends a warm, loving and caring environment that allows them to live out their lives. To attempt to find loving homes for cats and kittens that come into our care. To promote responsible pet ownership through public education, early spaying and neutering programs and promoting other care programs.



It takes 450^{lbs} of dry cat food, 75 cases of canned food and 800^{lbs} of litter EVERY MONTH to take care of the hundreds of stray, abandoned and unwanted cats and kittens that The Hervey Foundation for Cats takes in at their facility each year. Many of these animals find new homes – but many fall into permanent care at our facility.

With costs in excess of \$5000 every month the Foundation needs the continued support of the caring public to carry out our mission.

The Foundation is a registered non-profit Charitable Organization in Canada and Alberta:
C.R.A. # 899091128 RR0001 Alberta Charitable Organization License # 310154.

ALL DONATIONS MADE TO THE FOUNDATION ARE TAX-DEDUCTABLE!

Financial donations may be made by mail, phone, E-Transfer, Visa, Mastercard, ATB Cares.com, paypal, or Canadahelps.org!

**ALL DONATIONS WELCOME
CALL MARJORIE 780.963.4933**

The Foundation was founded by Marjorie Hervey in 1998 to provide care and loving homes for the unwanted, un-cared for and abandoned cats that fall into our society. She used her family inheritance and more to start and establish The Foundation. Since that time over 3,000 cats and kittens have come into our care and most have found good, loving homes. The balance stay with us to live a quality life.

The Foundation's prime objective is to offer either a temporary or long-term place of protection for injured, unwanted, homeless and abused cats.

In line with this philosophy is the concept of HOMING - this means that we provide homes for these animals - either a new loving, caring home or permanent home at our facility for the cat to live a Quality Life for the remainder of it's life.

We provide a means of finding suitable loving and caring homes for these cats. In addition, we promote and educate the public on the proper treatment of cats.

Our primary concern is the cats under our care. Great precautions are taken to avoid introducing illness. For example, in the situation involving a typical member of the family our procedures would be as follows: Cats that come into our care are taken to an Accredited Veterinary Clinic where, at the cost of The Foundation, the animal would be examined and Feluk tested, spayed or neutered, micro-chipped, dewormed, vaccinated with the 4 way combination vaccine and Feline Leukemia and Rabies (if old enough). Its ears would be checked for ear mites and treated. The cat is then transported to our facility. It is placed in isolation for observation for 4 to 5 days. If any symptoms develop that needs attention, then the cat is treated. Assuming all is well, the cat is placed up for adoption to find it a good home. The cats in our care are not caged but are free to enjoy an home atmosphere. If it clear that a new acquisition could not be adopted for some reason or another, it is made to feel at home, is given a name, and it becomes assimilated into our family.

The Foundation is unique throughout all of Western Canada. The reason is quite simple. No person has the patience and the devotion that Marjorie has for the cats.

We are grateful for anything you can give! Every dollar helps!

The Foundation is powered by volunteers - there are no paid employees of the Foundation, nor do the owners/directors receive any remuneration - all funds are used for the care of the animals and operation of the Sanctuary.

your donations make a difference!

Our main source of funds is YOU... your support helps us continue to care for cats!



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The Hervey Foundation for Cats
Box 12, Site 200, RR2
Stony Plain, AB T7Z 1X2

Our Mission is three-fold

Our 1st Mission is **RESCUE**

We give each cat immediate medical care. Each is spayed or neutered, fully vaccinated, dewormed, microchipped, tested for Feline Leukemia & FIV, and rehabilitated physically and psychologically. We find loving homes for those who can be adopted. The rest live out their lives in peace and dignity in our family.

Our 2nd Mission is **REHOMING**

finding good, loving and caring homes for those cats that are adoptable. Being a private Foundation our screening procedures are strict to ensure that our cats will receive the best care possible.

Our 3rd Mission is **EDUCATION**

We educate people to have compassion and respect for all animals We promote that an animal is a lifetime commitment - we advocate early spaying & neutering as a solution to the overpopulation of animals and recommend Micro-chipping of all animals for identification should they stray.

C.R.A. # 899091128RR0001 / Alberta Charitable # 3101541



YES! I would like to join the **"SHARE THE CARE"** monthly donor program. Through this program you can help to feed, care and house these cats, that for health or other issues are un-adoptable. **These animals live in a home like environment at our facility.**

Would you like to receive email updates/and or newsletters?
 email updates newsletters



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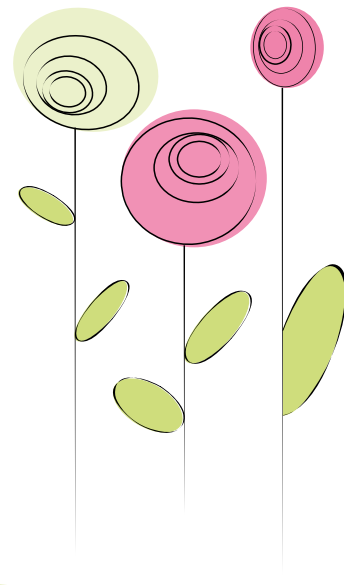
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*By signing this form, I authorize the Hervey Foundation for Cats to withdraw my specified donation on the 15th or the 30th day of each month from my credit card as indicated above. I realize that I can change or cancel my authorization at any time by contacting the Hervey Foundation for Cats.

We are required by law to provide you with the following information: It costs us on average about \$1,000.00 per newsletter to print & mail out this newsletter. This amounts to approximately \$1.50 per newsletter. Expected proceeds \$2,000.00.

Thank You

At this time we would like to recognize our generous supporters for their gracious donations, through financial contributions, volunteering and the many families who offered our kitties Furr-Ever Homes. A big thank you to Carrie, formerly from Pet Valu, West Henday and Morinville Veterinary Clinic for their time finding loving homes for our deserving cats. Without your assistance our Foundation would cease to exist and our passion to serve and care for displaced cats would not be possible.



"The capacity to care is the thing which gives life its deepest significance." - Pablo Casals

